

# Building Bright Futures

*parenting the child with attention deficits or learning differences*

This four-week series is for parents who want to develop more effective skills in dealing with and relating to their children who have ADD (attention deficit disorder) or learning differences. Join other interested parents for the series as we share and learn techniques enabling parents to better understand the challenges and advantages of being learning different. Our emphasis will be on discovering the strengths in these children, understanding their needs, and strengthening parenting skills.



Wednesdays:

October 28, November 4, 11, 18, 2009

9:00 - 10:30 a.m.

Family Education and Guidance Services

Plano ISD

Bird Education Center

1300 19<sup>th</sup> Street, Plano, 75074

*For more information contact Barbara Anderson at (469) 752-2272 or [barbara.anderson@pisd.edu](mailto:barbara.anderson@pisd.edu). Visit [www.pisd.edu/about.us/departments/familyservices.shtml](http://www.pisd.edu/about.us/departments/familyservices.shtml) for a complete list of parent education classes.*

