

Fact: Every child deserves to be important in someone's life

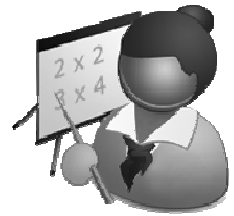
Fact: Every parent owes his/her child time, support and understanding.

Fact: Being a parent is not an easy job.

Fact: There are techniques to help parents and children to become the best they can be.

Plano ISD presents an on-going series about basic parenting skills. While appropriate for those who are either CPS-ordered or court-ordered for truancy, anger management or other family issues, this series is open to any interested parent. The eight-class rotation of topics can be started at any of the sessions. At least six classes must be completed to receive a certificate of completion.

BACK TO BASICS



While there is no recipe for raising successful children, there are key parenting ingredients that will produce strong families. Make the commitment to improving parent/child relationships at home. Your child will thank you!

January-June 2012

Evening sessions 6:30-8:30 p.m.

- 1/9 Parents as Role Models
- 1/23 Effective Communication
- 1/26 Managing Stress
- 2/6 Self-esteem in Parents/Children
- 2/20 Managing Anger
- 2/23 Conflict Resolution
- 3/5 Effective Discipline
- 3/26 Teaching Responsibility
- 3/29 Parents as Role Models
- 4/9 Effective Communication
- 4/23 Managing Stress
- 4/26 Self-esteem in Parents/Children
- 5/7 Managing Anger
- 5/21 Conflict Resolution
- 5/24 Effective Discipline
- 6/11 Teaching Responsibility
- 6/25 Parents as Role Models
- 6/28 Effective Communication

March-May* 2012

Monday afternoon sessions

12:00-2:00 p.m.

- 3/5 Managing Stress
- 3/19 Self-esteem in Parents/Children
- 3/26 Managing Anger
- 4/2 Conflict Resolution
- 4/9 Effective Discipline
- 4/16 Teaching Responsibility
- 4/23 Parents As Role Models
- 4/30 Effective Communication
- 5/7 Managing Stress
- 5/14 Self-esteem in Parents/Children
- 5/21 Managing Anger

*No Monday afternoon classes will be held during summer break. Classes will begin again on August 27.

Family Education and Guidance Services, 1300 19th Street, Plano, TX 75074

Cost: \$60. You may bring \$10 cash to each session. Checks are not accepted.

Questions? Contact Barbara Anderson, 469.752.2272 or email barbara.anderson@pisd.edu.