◊ Family Education and Guidance Services ◊ Family Education and Guidance Services ◊ Family Education and Guidance Services ◊ Family Education and Guidance Services

Fact: Every child deserves to be important in someone's life.

Fact: Every parent owes his/her child time, support and understanding.

Fact: Being a parent is not an easy job.

Fact: There are techniques to help parents and children to become the best they can be.

Plano ISD presents an ongoing series about basic parenting skills. While appropriate for those who are either CPS-ordered, or court-ordered for truancy, anger management or other family issues, this series is open to any interested parent. The six-week rotation of topics can be started at any of the sessions.

Back to Basics

While there is no recipe for raising successful children, there are key parenting ingredients that will produce strong families. Make the commitment to improving parent-child relationships at home. Your child will thank you!

Fall 2009 sessions:

9/14/09	*Self-Esteem in Parents/Children*	**10/29/09**	*Parents As Role Models*
9/21/09	*Managing Anger*	**11/16/09**	*Effective Communication*
9/24/09	*Conflict Resolution*	**11/19/09**	*Managing Stress*
10/12/09	*Effective Discipline*	**12/14/09**	*Self-Esteem in Parents/Children*
10/26/09	*"Pick Up Your Socks!" Teaching Responsibility*	**12/17/09**	*Managing Anger*

6:30 – 8:30 p.m.
Family Education and Guidance Services
Bird Education Center, NE ramp entrance
1300 19th Street, Plano, 75074
Choose six sessions; cost of six sessions: $60/individual; $100/couple

Checks are not accepted. Mail a $60 money order payable to Plano ISD or bring $10 cash to each session.

Questions? Contact Barbara Anderson at (469)752-2272 or barbara.anderson@pisd.edu. Send completed form with money order (payable to Plano ISD) to: Family Education and Guidance Services, Plano ISD, 1300 19th Street, Plano, Texas, 75074.

Name(s)_____

Address _____ City _____ Zip _____

Telephone_____/_____ Email _____

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