

Elementary Menu Cycle
2006-07

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
CYCLE I	Chicken Nuggets/Roll Barbeque Rib Sandwich *Vegetarian Plate	Hamburger/Cheeseburger *Baked Potato & Cheese Shrimp Poppers w/Corn Muffin Caesar Salad/Deli Club	Breaded Chicken Sandwich *Rotini/Spaghetti Sc/Cheese Garden Tuna Chef Salad	Calzone Corn Dog *Yogurt Fruit Plate	*Cheesy French Pizza Grilled Chicken Sandwich Peanut Butter & Jelly	CYCLE I
Aug 9 Aug 28 Sept 18 Oct 16 Nov 6 Nov 27 Dec 18	Mashed Potatoes/Gravy Green Peas & Carrots Pickle Spears Chilled Peaches	Chicken Noodle Soup Tiny Triangle Potatoes Shredded Lettuce/Pickle Slices Chilled Mandarin Oranges	Spring Mix Salad Steamed Broccoli Pineapple w/ Cherries Blueberry Applesauce	Fresh Carrots w/Dip Green Beans Chilled Mixed Fruit Blue Gelatin	Garden Salad Seasoned Corn Fresh Apple Pudding	Jan 15 Feb 5 Feb 26 Mar 26 Apr 16 May 7
CYCLE II	Hamburger/Cheeseburger Fish Shapes *Vegetarian Plate	*Pizza Sticks Pasta w/Meat Balls Caesar Salad/Deli Club	Super Taco *Cheese Nachos Nacho Grande Garden Tuna Chef Salad	Chicken Nuggets/Wht Breadstick *Pasta/Alfredo/Veggies *Yogurt Fruit Plate	*Cheese Pizza Pepperoni Pizza *Baked Potato w/Cheese Deli Turkey Sandwich	CYCLE II
Aug 14 Sept 5 Sept 25 Oct 23 Nov 13 Dec 4	Macaroni & Cheese Ranch Style Beans Shredded Lettuce/Pickle Slices Pineapple/Peach Cup w/Cherries	Fresh Caesar Salad Steamed Broccoli Fruit Cocktail Sliced Pears	Garden Salad Spanish Rice Southwest Medley Mandarin Oranges	Featured: Fruit or Veggie of the Month	Spring Mix Salad Tomato Soup Seasoned Corn Fresh Orange Smiles	Jan 4 Jan 22 Feb 12 Mar 12 Apr 2 Apr 23 May 14
CYCLE III	Steak Fingers/Roll Oven Fried Chicken/Roll *Vegetarian Plate	Grilled Hot Dog Garden Pasta with Marinara and Cheese Caesar Salad/Deli Club	*Cheese Nachos Crispito/Cheese Sauce Garden Tuna Chef Salad	Chicken Nuggets w/TX Toast *Grilled Cheese Sandwich *Yogurt Fruit Plate	*Cheese Pizza Pepperoni Pizza Turkey Chef Salad *Peanut Butter & Jelly	CYCLE III
Aug 21 Sept 11 Oct 9 Oct 30 Nov 20 Dec 11	Mashed Potatoes/Gravy Mixed Vegetables Fresh Fruit Pudding	Tiny Triangle Potatoes California Blend Veggies Pickle Spears Chilled Mixed Fruit	Garden Salad Spanish Rice Refried Beans w/Cheese Chilled Peaches	Vegetable Soup Green Beans Fresh Fruit Wacky Cake	Spring Mix Salad Rotini Pasta w/Parsley Seasoned Corn Rosy Applesauce	Jan 8 Jan 29 Feb 19 Mar 19 Apr 9 Apr 30 May 21
Must take an Entrée *Choose 3 of the 4 sides *Indicates Meatless Entrée **Veggie Burgers available upon request			THEME ITEMS OFFERED MONTHLY *Proposed Menu -subject to change based on - nutrient analysis, item availability, price fluctuations.			

Featured: Fruit or Veggie of the Month	
August-17th: Cantaloupe September-28th: Kiwi October-26th: Squash Casserole December-8th: Sweet Potatoes	January-25th: Tropical Fruit February 15th: Zucchini Squash March-15th: Cabbage April-26th: Strawberries