

MIDDLE SCHOOL MENU CYCLE-2005-06

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
CYCLE I	Hamburger/Cheeseburger Veggie Burger Breaded Chicken Sandwich	Hamburger/Cheeseburger Veggie Burger Nacho Grande	Hamburger/Cheeseburger Veggie Burger Chicken Nuggets w/Roll	Hamburger/Cheeseburger Veggie Burger Calzone w/Marinara	Hamburger/Cheeseburger Veggie Burger Cheese/Pepperoni Pizza	CYCLE I
Aug 8	Bowtie Pasta/Veg/Alfredo	Fajitas	Crispy Fish w/Roll	Pizza Sticks w/Marinara	Corn Dog	Jan 16
Aug 29	Caesar Salad w/Deli Wrap	Fajita or Taco Salad	Tuna Chef Salad	Yogurt Fruit Plate	Grab 'n Go Deli Meal	Feb 6
Sept 19						Feb 27
Oct 17						Mar 27
Nov 7	French Fries-2.5 oz	Onion Rings	Curly Fries-2.5 oz	Fresh Carrots & Celery w/Dip	French Fries-2.5 oz	Apr 17
Nov 28	Tossed Salad	Spanish Rice	Mashed Potatoes	Green Beans	Chicken Noodle Soup	May 8
	Glazed Carrots	Refried Beans w/Cheese	Peas & Carrots	Lettuce, Tomato, Pickle	Seasoned Corn	
	Lettuce, Tomato, Pickle	Lettuce, Tomato, Pickle	Lettuce, Tomato, Pickle	Chilled Peaches	Lettuce, Tomato Pickle	
	Mixed Fruit Cup	Pineapple w/Cherries	Mandarin Oranges	Jello	Fresh Fruit	
CYCLE II	Hamburger/Cheeseburger Veggie Burger Chicken Nuggets w/Roll	Hamburger/Cheeseburger Veggie Burger Beef & Bean Burrito	Hamburger/Cheeseburger Veggie Burger Grilled Cheese Sandwich	Hamburger/Cheeseburger Veggie Burger Lasagna w/Garlic Toast	Hamburger/Cheeseburger Veggie Burger Cheese/Pepperoni Pizza	CYCLE II
Aug 15	Santa Fe Steak/Roll	Vegetarian Wrap	Chicken Pot Pie Crispito	Grilled Chicken Sandwich	Fish on Bun	Jan 2
Sept 5	Caesar Salad w/Deli Wrap	Taco Salad	Tuna Chef Salad	Yogurt Fruit Plate	Grab 'n Go Deli Meal	Jan 23
Sept 26						Feb 13
Oct 24						Mar 13
Nov 14	French Fries-2.5 oz	Onion Rings	Curly Fries-2.5 oz	Spring Mix Salad	French Fries-2.5 oz	Apr 3
Dec 5	Tossed Salad	Spanish Rice	Vegetable Soup	Fresh Carrots/Cucumbers w/Dip	Caesar Salad	Apr 24
	Broccoli Florets	Corn Casserole	Chilled Pears	Green Beans	Seasoned Corn	May 15
	Lettuce, Tomato, Pickle	Lettuce, Tomato, Pickle	Lettuce, Tomato, Pickle	Lettuce, Tomato, Pickle	Lettuce, Tomato, Pickle	
	Chilled Peaches	Mixed Fruit Cup	Wacky Cake	Fresh Fruit	Fresh Orange Slices	
CYCLE III	Hamburger/Cheeseburger Veggie Burger Shrimp Poppers/Hot Bread	Hamburger/Cheeseburger Veggie Burger Nacho Grande	Hamburger/Cheeseburger Veggie Burger Oven Fried Chicken/Roll	Hamburger/Cheeseburger Veggie Burger Spaghetti/Meat Sc/Garlic Toast	Hamburger/Cheeseburger Veggie Burger Pizza Sticks w/Marinara	CYCLE III
Aug 22	Chili Cheese Dog	Barquito Boat	Steak Fingers w/Roll	Hot & Spicy Chicken Sand.	Pepperoni Pizza	Jan 9
Sept 12	Caesar Salad w/Deli Wrap	Taco Salad	Tuna Chef Salad	Yogurt Fruit Plate	Grab 'n Go Deli Meal	Jan 30
Oct 10						Feb 20
Oct 31						Mar 20
Nov 21						Apr 10
Dec 12	French Fries-2.5 oz	Onion Rings	Curly Fries-2.5 oz	Tossed Salad	French Fries-2.5 oz	May 1
	Macaroni & Cheese	Ranch Style Beans	Mashed Potatoes	Broccoli Florets	Caesar Salad	May 22
	Mixed Vegetables	Tortilla Soup	Green Peas	Warm Cinnamon Apples	Roasted Vegetables	
	Lettuce, Tomato, Pickle	Lettuce, Tomato, Pickle	Lettuce, Tomato, Pickle	Lettuce, Tomato, Pickle	Lettuce, Tomato, Pickle	
	Mixed Fruit Cup	Chilled Pears	Mandarin Oranges	Fresh Orange Slices	Fresh Fruit	

*Vegetarian Salads available upon request

*Proposed Menu - subject to change based on - nutrient analysis, item availability, price fluctuations.

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