



Benefits & Risk Management
Human Resources Division



Focus on TRS-ActiveCare ***#1 – 9/9/2009***

This is the first of several weekly notices that will be sent to you regarding the new health plan, which takes effect on January 1, 2010. These notices will provide brief information about some of the changes you should be aware of. It will not be possible to discuss every change in this format, so please carefully review the TRS-ActiveCare coverage booklet for additional details.

PPO Network – List of Doctors/Hospitals

TRS-ActiveCare is administered by Blue Cross Blue Shield (BCBS) of Texas. BCBS has one of the largest PPO networks in Texas. To find out if your doctor is in the BCBS network, go to <http://www.bcbstx.com/trs/provider.htm> to search the online directory. You may also call BCBS customer service at 1-866-355-5999.

When you enroll in a PPO plan, you do not have to select a primary care physician. You also do not need a referral to see a specialist. When you use an in-network doctor or hospital, the PPO plan pays a larger portion of your health care costs. However, you may choose to use a doctor or hospital outside the PPO network, but you may pay more of the cost.

Deductibles and co-insurance (the percentage of expenses that you and the plan share) may apply to both in-network and non-network health care services.

A comparison chart of the ActiveCare PPO plans, along with other information, is available online at <http://www.pisd.edu/staff/health.plan/TRSActiveCare.shtml>. These weekly notices will also be posted on this web page for your reference.

Note: In the TRS-ActiveCare enrollment materials, you will see reference to HMO plans. Those plans are not available in this area, so PISD employees are only eligible for the PPO plans (ActiveCare 1-HD, 1, 2, or 3).

For more information, please contact:

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Blue Cross Blue Shield of Texas
Customer Service for TRS-ActiveCare
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