



Maternity Management Program

(formerly FutureFootsteps®)

IF YOU OR YOUR SPOUSE IS PREGNANT, YOU KNOW HOW IMPORTANT IT IS TO DO EVERYTHING POSSIBLE TO GIVE YOUR BABY A HEALTHY START.

Plano ISD agrees and that's why the Nationwide Better HealthSM Maternity Management Program (the new brand for FutureHealth® FutureFootsteps®) is a **free** benefit to employees and their spouses.

The Maternity Management Program includes:

- All expectant mothers may join the program, not just those who may be experiencing problems
- One-on-one relationship with your own highly experienced maternity nurse
- Your maternity nurse will work directly with your physician to make sure you receive the best care possible
- Educational literature during your pregnancy and after your baby is born
- An online web site, www.nationwide.com/betterhealth, provides easy, 24/7 access to information and registration to join the program through the maternity link

This program is an investment in both you and your baby's health. Plano ISD encourages you to take advantage of this **free** benefit. Call toll-free today to enroll, **888-254-1251**. Or call the Nurse Advice Line, **800-858-8769**, 24 hours a day, seven days a week.



Nationwide
Better Health™

On Your Side®