

Help Stop the Spread of Germs

COLD • FLU • RSV • COVID

Wash Hand | Cover Coughs & Sneezes | Get Rest

If your child is experiencing symptoms like fever, cough, sore throat, runny or stuffy nose, body aches, headache, vomiting, diarrhea, or difficulty breathing, it's important to monitor their condition closely, and ensure they get plenty of rest.

To avoid the spread of infection, keep your child home if they have a temperature of 100°F or more and keep them home until they have been fever-free — without the use of a fever reducer — for 24 hours.

