

Solomon Center Breakfast Menu

BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Cinnamon Toast Crunch Pop-Tart	Cinnamon Toast Crunch Pop-Tart	Cinnamon Toast Crunch Pop-Tart	Cinnamon Toast Crunch Pop-Tart	Cinnamon Toast Crunch Pop-Tart
Mini Pancakes	Pancake on a Stick	Mini Waffles	Pancake on a Stick	Mini Pancakes
Chilled Pears Fruit Juice	Apple Juice Chilled Pineapple	Fruit Juice Applesauce Cup	Apple Juice Mandarin Oranges	Fruit Juice Fruit Cocktail
Syrup 1% Milk or Fat Free Chocolate	Syrup 1% Milk or Fat Free Chocolate	Syrup 1% Milk or Fat Free Chocolate	Syrup 1% Milk or Fat Free Chocolate	Syrup 1% Milk or Fat Free Chocolate

LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Steak Fingers/Garlic Toast Pizza Sticks	Flautas/Cheese Sauce Burrito/Cheese Sauce	Bosco Sticks Cheese Corn Dog	Orange Chicken/Rice Grilled Cheese Sandwich	Cheese Pizza Pepperoni Pizza
Aug 9					
Aug 21					
Sept 4	Au Gratin Potatoes Carrots & Celery	Pinto Beans Seasoned Corn	Sweet Potato Fries Green Beans	Baby Carrots Steamed Broccoli	Cucumbers & Cherry Tomatoes Seasoned Wedges
Sept 18					
Oct 2	Pineapple Tidbits Orange Wedges	Applesauce Cup Orange Wedges	Mandarin Oranges Fresh Apple	Mixed Fruit Fresh Apple	Chilled Pears Fresh Apple
Oct 16					
Oct 30					
Nov 13	Choice of Milk: 1% White	Choice of Milk: 1% White	Choice of Milk: 1% White	Choice of Milk: 1% White	Choice of Milk: 1% White
Nov 27	Fat Free Chocolate	Fat Free Chocolate	Fat Free Chocolate	Fat Free Chocolate	Fat Free Chocolate
Dec 11					
	Ketchup, Marinara Ranch Dressing	Salsa, Jalapenos	Ketchup, Ranch Dressing Marinara	Ranch Dressing	Ketchup, Ranch Dressing
Week 2	Hamburger/Cheeseburger Grilled Cheese Sandwich	Fiesta Nachos Nacho Grande	Chicken Sandwich Grilled Cheese Sandwich	Chicken Nuggets/Garlic Toast Pizza Sticks	Cheese Pizza Pepperoni Pizza
Aug 14					
Aug 28					
Sept 11	Baked Beans Tater Tots	Spanish Rice Pinto Beans Seasoned Corn	Green Beans Baby Carrots	Seasoned Wedges Steamed Broccoli	Cucumbers & Cherry Tomatoes Sweet Potato Fries
Sept 25					
Oct 9– off	Pineapple Tidbits Orange Wedges	Applesauce Cup Orange Wedges	Mandarin Oranges Fresh Apple	Mixed Fruit Fresh Apple	Chilled Pears Fresh Apple
Oct 23					
Nov 6	Choice of Milk: 1% White	Choice of Milk: 1% White	Choice of Milk: 1% White	Choice of: Milk: 1% White	Choice of Milk: 1% White
Nov 20-off	Fat Free Chocolate	Fat Free Chocolate	Fat Free Chocolate	Fat Free Chocolate	Fat Free Chocolate
Dec 4					
Dec 18					
	Ketchup, Mustard, Mayo, Ranch	Salsa, Jalapenos	Ketchup, Mayo, Ranch Dressing	Ketchup Marinara	Ketchup Ranch