



It's okay, to not be okay.

LifePath Systems is offering **FREE** support and resource navigation to individuals facing **COVID-19 challenges!**

Texans Recovering Together seeks to empower individuals through:

- Psycho-education
- Learning and implementing coping skills
- Identifying and addressing needs
- Community resource navigation and connection

May benefit individual, groups, and organizations such as:

- Students and teachers
- First responders
- Social Service Staff
- People transitioning back to the office
- Nursing homes
- Community centers
- Local and corporate businesses
- Schools

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