May I Have Your

Attention, Please?

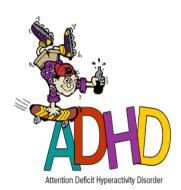
Understanding and Parenting a Child with ADHD



Join others in the struggle, and learn effective ways to be successful at parenting a child with ADHD!

You will learn:

- The ADHD mind; causes and treatments of ADHD
- Discipline that works
- To see your child in an entirely different light
- How to communicate effectively
- How to help with social skills
- Organizational tools
- Communicating with the school
- And more!



Provided by Plano ISD Family Education & Guidance Department

For a complete list of parent workshops, visit <u>http://plano.schoolwires.net/Page/965</u>

Or call 469/752-2272 for more information

We get it! We can help.

- Tired of screaming matches?
- Homework a hassle?
- Does your child have a hard time keeping friends?
- Not sure if you should try medication?
- Tired of repeating instructions?

Schedule

Tuesdays:

Sept. 20: Session 1 Understanding ADHD

Sept 27: Session 2 Understand and Connect with Your Child

October 4: Session 3 Discipline that Works

October 11: Session 4 Partnering with the School

Workshops are from 12:00-1:30pm

LOCATION: PISD Bird Center 1300 19th Street Plano, 75074