

Plano ISD School Health Advisory Council

Regular Meeting Minutes- October 18, 2021 (Zoom Meeting)

- I. Welcome, Introductions and Meeting Norms- Molly Pipak & Marcus Miller
- II. Call to Order- 4:13pm
- III. Agenda
 - A. Approval of minutes from March 1, 2021, meeting
 - i. Meeting minutes were distributed via email to members for review prior to today's meeting; minutes were approved without changes
 - B. Department Updates
 - i. FANS (Food and Nutritional Services) - Meredith Bolin, FANS Marketing Specialist
 1. Meal participation through nationwide meal waivers
 - a. Free breakfast and lunch for all PISD students for 2021-22 school year
 - b. Curbside meal bundle pick up for students enrolled in PISD Virtual Academy
 2. October features spotlight on offering local healthy food- Farm Fresh Challenge (supply shortage has impacted some food availability)
 - a. PISD offering milk, chicken, fresh bread- all sourced from Texas
 3. FANS job fair on October 28 to help relieve staffing shortage
 - ii. Counseling and Guidance
 1. No update
 - iii. Health Services- Staci Antelo, Director of District Health Services
 1. Vision, hearing and spinal screenings for students on campuses has resumed (per the typical annual screening calendar). Vision and hearing screenings are mandated for students in grades K, 1, 3, 5, and 7, as well as students who are 4 years old, and those students who are new to PISD, regardless of grade. Spinal screening is mandated for girls in grades 5 and 7 and boys in grade 8. Screening will continue through the fall and into the spring semester.
 2. COVID case counts have decreased significantly over the past few weeks. Our peak high for both student and staff cases was in early September. Our current numbers are the lowest they have been since week 1 of school.
 - iv. Physical Education and Health updates- Molly Pipak, K-12 Health and PE Coordinator
 1. Health- Students enrolled in high school health (grades 8-12) have participated in a heart anatomy/sidewalk chart project. Students are challenged to draw the anatomy and circulation of the heart on campus sidewalks with high foot traffic (pictures shared in slide presentation).
 2. PE- Campus competitions, job clubs, Heart Obstacle Course- course laid out to simulate heart circulation (picture shared in slide presentation).
- IV. Information Items
 - A. Health and Science Notice Review
 - i. Content of parent letters was reviewed and recommendations were collected over the past 2 years
 1. Link to Health 1 parent letter was shared with committee
 - ii. HB update- parents are now required to "opt-in" their student for Human Sexuality/Reproduction content- this will be done utilizing a Google Form for parents to complete and submit, making tracking responses easier for teachers
 1. Question asked- Where do students go if their parents opt-out?
 - a. That is a campus decision, but students would be moved to a different learning environment- library, available space/classroom, office area, etc.

B. SHAC Goals for 2021-22

- i. Review and make recommendations regarding Physical Education, Health Education, and Coordinated School Health curriculum, including a recent adoption of new state standards.
- ii. Review and make recommendations regarding student and staff wellness, including social reconnection.
- iii. Goals were approved by Board at September board meeting

C. Student & Staff Wellness Updates

- i. Committee was updated on staff and student wellness initiatives that have been implemented following committee recommendations from last year

V. Items for Discussion and Action

A. Discussion & Action- Student and Staff Social Reconnection/Wellness

- i. Members present were separated into two groups/break out rooms to discuss and recommend any additional ideas or initiatives to promote student and staff social reconnection and wellness- student: student, staff: student, staff: staff
- ii. After group work, a member of each group presented their ideas and recommendations; these were noted and will be considered

VI. Next SHAC meeting will be held on November 15 from 4:00pm- 5:30pm on Zoom

VII. Adjourn

Meeting was adjourned at 5:17pm