

FAMILY & CONSUMER SCIENCES DEPARTMENT

We're not your typical Home-Ec anymore!

<p>Child Development This course provides content for students to acquire knowledge and skills related to the development and care of children from birth through adolescence through a variety of learning experiences.</p>	<p>1/2 credit 11-12 grades</p>
<p>Culinary Arts I * & Practicum in Culinary Arts II * These courses are two-hour full-year laboratory courses designed for students that have a special interest in culinary arts. Students gain hands-on experience in an industrial setting. Some field site experiences may be arranged requiring students to travel independently to food service operations for Culinary Arts II.</p>	<p>2 credits each 11-12 grades</p>
<p>Dollars & Sense This is an independent living course that explores the following areas: management of skills related to everyday living, selection of a career, apartment selection, home care, clothing care and selection, food and nutrition with labs, and healthy living practices. Money management and budgeting are emphasized throughout.</p>	<p>1/2 credit 11-12 grades</p>
<p>Fashion Design I This course gives students the opportunity to investigate the fashion industry through laboratory experiences, projects, and professional speakers. Topics covered include fashion history, visual merchandising, basic sewing & construction, line development and design, fashion designers, fabrics and merchandising.</p>	<p>1 credit 11-12 grades</p>
<p>Advanced Fashion Design II Advanced Fashion Design students will continue with fashion elements learned in Fashion Design I, with an emphasis in sewing. Students will create and produce their original line, increase knowledge of textiles and pattern customization, and study the fashion business and careers. The students have the option, at their own expense, to participate in an educational trip to NYC where students will tour the fashion district. The course is a 2-hour block with Fashion Design I as a prerequisite.</p>	<p>2 credits 11-12 grades</p>
<p>Instructional Practices in Education & Training Internship * & Practicum in Education & Training II * These two-hour internship courses are designed to give students an opportunity to study the way we teach and train in a variety of careers. Students gain experience applying teaching and training methods at field sites including Plano ISD elementary schools and Panther Preschool (located on campus). Each student enrolled in these courses must provide their own transportation and be able to clear state licensing and Plano ISD background checks.</p>	<p>2 credits each 11-12 grades</p>

*Application needed for these courses. Please see your counselor.

More FACS courses ... 

<p>Food Science Food Science students conduct laboratory and field investigations, use scientific methods during investigations, and make informed decisions using critical thinking and scientific problem solving. Food Science is the study of the nature of foods, the causes of deterioration, the principles underlying food processing and the improvement of foods for the consuming public. Successful completion of both semesters of this course will satisfy the 4th science credit required for graduation.</p>	<p>1 credit (4th Science Credit) 11-12 grades <i>(prerequisite of 3 science credits)</i></p>
<p>Interior Design This course focuses on building a foundation of vital information and skills that enable the student to select, design, decorate, and maintain a home that is comfortable, attractive, and well suited to individual taste. The significance of one's personality, lifestyle, and basic needs will be addressed concerning any aspect of the home and its décor. Projects relate to the units—housing, choosing a place to live, architecture and construction, interior design, elements and principles, background areas, furniture and accessories. Career opportunities in architecture, real estate, the housing industry, and interior design are also explored.</p>	<p>½ credit 11-12 grades</p>
<p>Interpersonal Studies This course targets individual growth and family development to maintain a successful personal and family life. Present and future relationships and the value of a positive self-concept are emphasized. One will focus on life skills such as effective communication, active listening, assertiveness, nurturing friendships, wise mate selection, maintaining healthy relationships, and dealing with stress. Each student is encouraged to apply these learned skills to daily living with his/her friendships, dating relationships, a future marriage, and employment associations.</p>	<p>½ credit 11-12 grade</p>
<p>Lifetime Nutrition & Wellness This course will promote the role that nutrition plays throughout the lifetime. It will look at nutrient content of various foods, how to maintain a healthy diet and weight management. Students will investigate the relationship between food and health (physical, emotional, and mental). Labs will also be conducted.</p>	<p>½ credit 11-12 grades</p>
<p>Restaurant Management This course will emphasize the principles of planning, organizing, staffing, directing, and controlling the management of a variety of food service operations. The student will gain insight into the operation of a well-run restaurant.</p>	<p>½ credit 11-12 grades</p>

PLANO EAST FACS

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Get the FACS!