

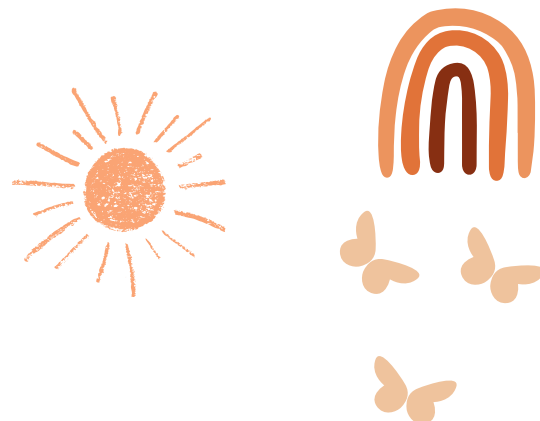


PARENT EDUCATION ENGAGEMENT PROGRAM PEEP

BIRD CENTER | 1300 19TH ST - 2ND FLOOR, PLANO, TX 75074
469-752-2252 | PEEP@PISD.EDU

All Parents and Grandparents are invited!

**Classes via Zoom!
Wednesdays and Thursdays
at 1:00 P.M.**



March 1st- **Social Cues**

March 15th- **Know My Triggers**

March 22nd- **Depression:
The Causes & Effects**

March 29th- **I Never Planned
to Yell So Much! Effective
Communication**

Zoom Link

**[https://Region10.zoom.us/j/7382
628918](https://Region10.zoom.us/j/7382628918)**

**WE INVITE PARENTS TO VISIT THE
PEEP WEBSITE FOR A COMPLETE
LIST OF THE VARIOUS TOPICS AND
PRESENTATIONS THAT WE OFFER.
PLEASE CONTACT US WITH ANY
QUESTIONS AT
PEEP@PISD.EDU**

Grandparents Raising Grandchildren

**Meets Thursdays
10:30 A.M. to 11:30 A.M.
Bird Center-2nd Floor**

March 2nd- **How to Talk, So
They Will Listen-Effective
Communication**

March 16th- **When Nagging
Doesn't Work**

March 23rd- **Keeping Cool in
the Heat of the Moment
Tools for Managing Anger**

March 30th- **Decisions:
The Importance of Letting Your
Grandchild make Decisions**