

Community Resources

EMERGENCY 911 (Ambulance/Fire Department/Police) DIAL 911

911 is a dialing code that provides free access to community emergency services.

Bilingual, services include, but not limited to:

- Adult Abuse/Neglect
- Ambulance
- Child Abuse/Neglect
- Domestic Violence Report
- Fire Department

ACCESS COUNSELING GROUP 972-423-8727

Location: 2600 K Avenue #102, Plano, 75074

Services: Specializing in substance abuse; community support groups; classes for DWI, DUI, MIP and Drug offenses

ADAPT COMMUNITY SOLUTIONS 866-260-8000

Services: 24/7 Mental Health Crisis Line & Crisis Team Services. No Cost to the caller, or person served. Telephone & face-to-face assessment & crisis intervention. Assistance with emergency psychiatric appointments with mental health providers. Referrals to other social services.

ADD/ADHD DIAGNOSTIC & TREATMENT CENTER 972-943-0410

Location: 1524 Independence Pkwy, Ste A-1, Plano, 75075

Services: Extensive testing with questionnaires and medical testing/treatment for children older than 6 yrs and adults

AIDS SERVICES OF NORTH TEXAS 972 424-1480

Location: 2540 Ave. K, #500, Plano, Texas 75075

Services: Offers a wide variety of medical support services to help decrease the spread of HIV: case management services; food pantry; out patient clinic; counseling, bilingual.

Hours: by appointment-Case Management Worker

Website: www.aidsnTexas.org

AGAPE RESOURCE AND ASSISTANCE CENTER 469-814-0453

Services: urgent shelter and service needs of women, children, unaccompanied youth in poverty and crisis

Contact: Janet Collinsworth
PO Box 861664, Plano, 75086
info@Hope4Agape.com

ALANON ODAAT 214-559-8724

Location: 2109 W. Parker Rd, #728, Plano, Texas 75023

Services: Offers support groups for Adults/Teens who have an alcoholic family member or friend.

Website: www.aadallas.org

ALANON **972-231-2321**

Location: 1144 N. Plano Road, #246, Richardson, Texas 75081
Services: Provides support for family and friends of alcoholics, Alateen for children 4-19, also has a speakers' bureau, participation is free. Non profit.

ALCOHOL and DRUG ABUSE CRISIS LINE **800-628-3265**

Hours: 24-Hour

ALCOHOL ANONYMOUS **214-559-8724**

Location: 2109 W. Parker Road, #728, Plano, Texas 75023
Services: AA Meetings. Alanon Family Meetings are also held for the families of alcoholics Monday – Saturday. Call for times.
Hours: 6:30am, Noon, 6:30pm, 8pm, and 10pm

ALL ABOUT FAMILY-FORWARD MOVEMENT COUNSELING **469-854-9867**

Location: 8105 Rasor Blvd., Plano, Texas 75024
Services: Specializes in family conflict resolution & individual, family, adolescence & special needs counseling. Helping families to quit patterns & behaviors that continue the familial and the relational breakdown.
Hours: 8:00am – 9:00pm 7 days per week By Appointment
Fees: \$130/hour 2 hours or more - \$85/hour
Contact: Troslyn T. Mitchell, LPC
Website: www.forwardmovementcounseling.com

ALLEN COUNSELING ASSOCIATES **214-509-6888**

Location: 1506 N Greenville Ave, Suite 200, Allen, TX 75002
Services: Counseling; 4-8 free sessions
Hours: 8 a.m – 9 p.m.

ALLEN FOOD PANTRY **972-727-9131**

Location: Allen Community Outreach, 301 W. Boyd, Allen, Texas 75013

ALLEN NARCOTICS ANONYMOUS **972-699-9306**

Location: 601 Greenville Ave, Allen, Texas 75002

ALLIANCE DRUG TESTING SERVICE **972-578-5959**

Location: 2600 Ave. K, #206, Plano, Texas 75074
Services: Must set an appointment

AMERICAN CANCER SOCIETY **214-819-1221**

Location: 8900 John Carpenter Freeway, Dallas, Texas 75247
Services: Education, visitor, and support groups for cancer patients and their families. (Focus on current cancer treatment or bereavement) call for location and times of support group meetings. Non profit.

AMERICAN RED CROSS **972-562-0601**

Location: Collin County Branch 1450 Redbud Blvd., McKinney, Texas 75069

Services: Emergency assistance to disaster victims; health/safety instruction.-
CPR/first aid.

Hours: 8:00 a.m. – 5:00 p.m. M/F

Website: www.arcnoTexas.org

ASSISTANCE CENTER OF COLLIN COUNTY **972-422-1850**

Location: 900 E. 18th Street Plano, Texas 75074

Services: Provides emergency utility assistance: holiday assistance: seasonal school supplies to individuals who qualify. Individuals will need to complete assistance application. Bilingual.

Hour: By appointment.

Website: www.assistancecenter.org

ATTORNEY GENERAL OF TEXAS CHILD SUPPORT HOTLINE **469-241-6500**

Location: 830 Central Parkway E. Suite 350, Plano, Texas 75704

Services: Enforces state consumer protection laws; collects court order child support and supervises the Crime Victims Compensation Fund. Bilingual

AUSTIN STREET SHELTER **214-428-4242**

Location: 2929 Hickory Street, Dallas, Texas 75226

Services: Homeless, overnight stay only

AVENUE F CHURCH OF CHRIST **214-380-9713**

Location: 1026 F Ave, Plano, TX 75074

Services: Medical Health Clinic, providing primary health care to uninsured

AVENUES COUNSELING CENTER **972 562-9647**

Location: 201. W. Louisiana Street, McKinney, Texas 75069

Services: Substance Abuse Assessment for adults/adolescents; mental health assessments; outpatient substance abuse treatment; individual counseling; family counseling; play therapy; anger management education; one site lab and drug testing. Bilingual

Website: www.avenuescounseling.org

Hours: by appointment – Intake

BAYLOR COLLEGE OF DENTISTRY **214 828-8440**

Social Services **214 828-8353**

Location: 3302 Gaston Avenue, Dallas, Texas 75246

Services: Dental Clinic. Bilingual

Fees: \$15.00 cleaning / \$15.00 X ray

Hours: By appointment

BAYLOR PEDIATRIC CARE **866-787-8012**

BED START **214-929-1342**

Location: Custer Road United Methodist Church, 6644 Custer Rd, Plano, 75023
Services: Furniture, bedding resource for those in need; accepts donations
Contact: Doug Nickols

BET CENTER FOR BIOFEEDBACK **214-232-9862**

Location: 5000 Legacy, Ste 400, Plano, 75024
Services: Quantitative EEG, TOVA test of Variables of Attention, HRV
Training, Neurofeedback Training, Interactive Metronome Training,
Parent Training. Children, teens and adults
Contact: Christy Lewis, LCSW, BCB, BCN

BETTY FORD CENTER CHILDREN'S PROGRAM **972-753-0552**

Location: Seay Child Care Center of Presbyterian Hospital of Plano, Texas
Services: Provides intervention and prevention services to children ages 7-12 yrs. A \$400 fee is charged to this 4-day program for children affected by drug and/or alcohol abuse. However no child is turned away for lack of funds. Scholarships assistance is available.

BETTY FORD CENTER FIVE STAR KIDS **972-751-0363**

Location: 1320 Greenway Drive, #100, Irving, Texas 75038
Services: Programs for children of alcoholics/addicts. The 3 day program is at various sites, including Richardson and Plano. Parents do not have to be in recovery for child to participate. Full scholarships are available. Non-profit.

BIG BROTHERS/SISTERS NORTHERN OFFICE **214-441-2227**

Location: 101 S Coit Rd, #115, Richardson, 75080
Services: Volunteers serve as friends/role models for children ages 6-15 from single-parent families.
Contact: bbbstx@bbbstx.org

BOLES CHILDREN'S HOME **903-883-2204**

Location: 7065 Love, Quinlan, Texas 75474
Services: Residential home for children needing stability.
Website: www.boleschildrenshome.org

BOYS AND GIRLS CLUB OF PLANO **972 424-6301**

Location: 1111 H Ave. Plano, TEXAS 75074
Boys and Girls Club of Collin County 972-633-9699
Boys and Girl Club of Frisco 972-335-5555
Services: Recreational activities for children ages 5 – 18 years of age.
Hours: Monday – Saturday 3 – 9 p.m.

BOYS AND GIRLS TOWN **402-498-1900**

Location: Near Omaha, Nebraska
Services: Residential care and treatment for boys and girls in family style homes

BRIGHT WAY COUNSELING & WELLNESS **214-478-0314**

Location: 5601 Democracy Dr, #135, Plano, 75024
Contact: Traci Koen, LPC-S

BUCKNER BAPTIST CHILDREN'S HOME **214-328-3141**

Location: 5200 South Buckner Blvd., Dallas, Texas, 75227
Services: Residential, foster care, transitional housing, and adoption services.

C-CART (Collin Co. Area Rural Transportation) **972 562-4275**

Location: Collin County
Services: Provides transportation (with 24-hour notice) within Collin County for a fee. When calling C-Cart please have the following information: name, address, phone number, pick up and drop off locations, departure and return date and time, emergency contact, name and phone.
Hours: 6:00 a.m. – 6:00 p.m. Monday – Friday

CAL FARLEY'S BOYS AND GIRLS RANCH **800-687-3722**

Location: Boys Ranch, Texas (near Amarillo)
Services: Residential home for troubled children and adolescents
Website: www.calfarley.org

CALLIER CENTER **214 905-3000**

Richardson Location **972-883-3630**

Location: 1966 Inwood Rd., Dallas, Texas
811 Synergy Park Blvd., Richardson, Texas 75080
Services: Provides audio logical, speech pathology and psychological services for deaf/hard of hearing. Works with IS to provide education for hearing-impaired children. Bilingual
Hours: 8:00 a.m. – 4:30 p.m., Monday – Friday
Website: www.callier.utdallas.edu

CANCER CLINIC – GDAS Cancer Clinic **972-635-3680**

Location: 2520 Ave. K, Suite 100, Plano, Texas 75074
Services: Treating uninsured cancer patients
Hours: Wednesdays – 5:30 p.m. – 8:30 p.m.
Website: www.gdascancerclinic.com

CANCER SUPPORT COMMUNITY OF NORTH TEXAS 972-981-7020

Location: 6300 W Parker Rd, MOB 2, Ste 129A, Plano, 75093
Services: Free support, education and hope to anyone impacted by cancer
Contact: Adrienne Wert, LPC
Website: awert@cancersupporttexas.org

CANCER SUPPORT OF NORTH TEXAS (formerly Gilda's Club) 214-219-8877

Services: The Cancer Support of North Texas offers a variety of support as well as a children's program call Noogieland
Website: <http://cancersupporttexas.org>

CASA COURT APPOINTED SPECIAL ADVOCATES 972-529-2272

CATHOLIC COUNSELING SERVICES 214-526-2772

Catholic Charities of Dallas
Location: 3725 Blackburn Dallas, Texas 75235
Services: Individual and Family Counseling. Bilingual
Hours: By appointment -Intake
Website: www.catholiccharitiesdallas.org

CATHOLIC CHARITIES OF DALLAS 214 634-7251

Location: 5415 Maple Ave, #420, Dallas, Texas 75235
Services: Immigration counseling and referral. Assess qualifications for immigration. Bilingual

CCMS-CHILDCARE-FRAGILE MNGMT SERV 888-824-4538/214-630-7911

Location: 8585 N. Stemmons #600, Dallas, Texas 75247
Services: Referral service helps parents find child care.
Website: www.childcaregroup.org

CENTER FOR FAMILY COUNSELING AND PLAY THERAPY 214-509-0500

Location: 8 Prestige, Suite 122, Allen, TX 75002
Services: Christian-based counseling
Website: <http://www.cfcpt.com/>

**CENTRAL DALLAS MINISTRIES
COMMUNITY HEALTH SERVICE 214-821-8644**

Location: 511 N Akard, Dallas, Texas 75201
Services: Medical services to patients typically without a primary care physician and would not seek medical care except in case of an emergency. Available dental services are extractions, fillings, and cleanings. Bring picture ID, social security card, proof of household income and proof of address.
Bilingual
Hours: 9:00 a.m. – 5:00 p.m. M/T – Dental
9:00 a.m. – 5:00 p.m. M/W- Medical
9:00 a.m. – 9:00 p.m. T/Th – Medical
New patients call on: Wednesday and Thursday 1-4 p.m. or Friday 9 a.m.-12 pm.

CENTRO DE MI SAULD **214-941-0798**

US DEPT. of HEALTH and HUMAN SERVICES

Location: North and Central Dallas
Services: Bilingual Behavioral Healthcare services. Individual must meet income guidelines.
Hours: 10:00 a.m. – 7:00 p.m. – M/F
Fee: Medicaid, Texas Star Funding

CHILD ABUSE HOTLINE **800-252-5400/972-562-5832**

CHILD and FAMILY GUIDANCE CENTER **214-351-3490**

Location: 4031 West Plano Parkway Suite 211, Plano, Texas 75093
Services: Outpatient counseling for children and adults. Bilingual call 214-956-3517
Hours: By Appointment
Fee: Medicaid, sliding scale fee
Website: <http://www.childrenandfamilies.info/>

CHILD CARE AWARE **800 424-2246**

Services: Information about child care services is provided
Hours: 9:00 a.m. – 5:00 p.m. M/F
Website: www.childcareaware.org

CHILD CARE LICENSING **972-633-6600**

Location: Family and Protective Services-2205 Los Rio, Plano, Texas 75074
Services: Maintains lists of current State of Texas Licensed Day Care Homes.
Bilingual

CHILD PROTECTIVE SERVICES (CPS) **800-252-5400**

Local #: 972-562-5832 Metro 817-640-6200
Services: Report it! It's the Law! 24-Hour Hotline, Investigates allegations of neglect, abuse, assault and sexual molestation of children.
Website: http://www.dfps.state.tx.us/child_protection/about_child_protective_services/

CHILD SUPPORT OFFICE **469-241-6500**

Location: 830 Central Pkwy, East, #350, Dallas, Texas 75074
Services: Division of the Attorney Generals office-enforces child support orders, establishes paternity, withholds wages for non-payment of child support; reports delinquent parent to the Credit Bureau. Open Monday-Friday 8-5 except holidays.

CHILDREN WITH SPECIAL HEALTH NEEDS **800-252-8023**

CHILDREN'S ADVOCACY CENTER **972-633-6600**

Location: 2205 Los Rios Blvd, Plano, 75074
McKinney: 1500 S. Central Expwy., Ste. 100, McKinney, TX 75070
(972) 632-3910 |
Services: Counseling, CPS
Emergency: call 713-647-1835

CHILDREN'S MEDICAL CENTER OF DALLAS **214 456-7000**

Location: 1935 Motor Street, Dallas, Texas 75235
Services: Acute care hospital and clinic that deal with a variety of diseases and disorders among children birth to age 18. Bilingual
Hours: By Appointment
Fee: Medicaid, sliding scale fee
Website: www.childrens.com

CHILDREN'S MEDICAL CENTER AT LEGACY ER **469-303-7000**

Location: 7601 Preston Rd, Plano, TX 75024
Services: Threat assessment
Fee: through patient's insurance

CHIP **972-953-9397**

Location: 1935 Medical District Dr, Dallas, 75235
Contact: Nancy Dansby
Services: apply for Medicaide

CHRISTIAN COUNSELING ASSOCIATES **972-881-8383**

Location: 500 N. Central Exp.#261, Plano, Texas 75074
Services: Christian counseling for marriages, families, adolescents, children. Play therapy. Some therapists come from a school background. Sliding scale.
Website: www.counselgodsword.com

CHRISTIAN WORKS FOR CHILDREN, INC. **972-960-9981**

Location: 6320 LBJ, #122, Dallas, Texas 75240
Services: Non-profit, counseling on sliding scale, licensed placing agency, maternity and adoption services, grief support groups for children, education of parents, bilingual counselors.

CITY HOUSE YOUTH EMERGENCY SHELTER **972-424-4626**

Location: 902 E. 16th Street Plano, Texas 75074
Services: Emergency shelter for runaway and homeless juveniles 10-17 years.
Bilingual services, transitional living, My Friend's House
Hours: 24 hour emergency shelter for teens
Website: www.cityhouse.org

CITY FAMILY CENTER	924-242-4626
Location:	1947 Ave. K, #100, Plano, Texas 75074
Services:	Crisis/bilingual (5 free sessions)
CITY OF PLANO VOLUNTEER OPPORTUNITIES	972-941-7114
CIVIL RIGHTS HOTLINE	800 368-1019
Services:	Report abuse of civil rights on the basis of race, national origin, disability or age. Bilingual.
CLASS (Dept. of Aging and Disability Services)	877-438-5658
Services:	Provides case management services.
CLINICAS MI DOCTOR	469-298-1216
Location:	1120 E Parker Rd, #195, Plano, 75074
Contact:	Jessica Olivo, Community Outreach info@clincasmidoctor.com
CLOTHES CLOSET OF PLANO	972-424-7844
Location:	First Presbyterian Church, 1500 Jupiter Rd, Plano, Texas
COLLIN COUNTY ADULT MEDICAL CLINIC	972 423-4891
Location:	2520 Ave K Suite 100, Plano, Texas 75074
Services:	Clinic Services for Adults. Volunteer doctors and nurses will staff the clinic. Translators will be available.
Hours:	Monday-Tuesday-Wednesday 8:00 a.m. – 5:00 p.m.
Website:	www.collincountyadultclinic.org
COLLIN COUNTY AREA REGIONAL TRANSPORTATION	972-562-4275
COLLIN COUNTY CHILDREN'S ADVOCACY CENTER	972-633-6600
Location:	2205 Los Rios Blvd., Plano, Texas 75074
Services:	Multidisciplinary team approach to the investigation, prosecution and treatment of Child Abuse. On site needs assessment, therapy, community referrals and medical evaluation are provided. Bilingual
Website:	www.cacplano.org
COLLIN COUNTY CHILD AND FAMILY GUIDANCE	972-612-5989
COLLIN COLLEGE	972-881-5790
Location:	2800 Spring Creek Pkwy, Plano, Texas 75074
Services:	Provides both credit and non-credit classes, along with two-year associate degrees. Adult G.E.D. and E.S.L. classes, assistance with financial aid and career placement services. Bilingual
Hours:	8:30 a.m. – 5:00 p.m. M-F
Website:	www.collin.edu

COLLIN COLLEGE **972-548-6537**

Dental Hygiene Department

Location: 200 W. University, McKinney, Texas 75069

Services: Offer dental exams and services to anyone in the Collin community

Hours: By appointment- scheduling office

COLLIN COUNTY ADULT CLINIC **(Information) 972-679-0035**
(Appointments) 972-423-4891

Location: 2520 Ave. K, Suite 100, Plano, Texas 75074

Services: Thursdays 5:00 pm – 9:00 pm

COLLIN COUNTY HEALTH CARE SERVICES **972 424-1460**
ext. 5500
972 548-5500

WIC SERVICES **972-633-3350**

Location: 900 E. Park Blvd. #110, Plano, Texas 75074

Services: Provides low income services: WIC clinic and immunizations Bilingual

Hours: 8:00 a.m. – 7:00 p.m. T/W/TH – Bilingual

Website: www.co.collin.Texas.us/healthcare_services

Veterans Service Office **972-881-3060**

Location: 900 E. Park Blvd. #140B, Plano, Texas 75074

Services: Assists veterans, their dependents, and survivors in filing claims for Veteran’s benefits from federal, local and any state government.

Website: www.co.collin.Texas.us/veterans

Dental Health Program **972-633-3380**

Location: 900 E. Park Blvd, Plano, Texas 75074

Hours: vary, per appointment only

Fee: Medicaid

COLLIN INTERVENTION TO YOUTH (CITY HOUSE) **972 424-4626**

City House Family Center **972-424-4626**

Location: 1947 Ave K. Bldg. A Suite 100 Plano, Texas 75074

Services: Six free counseling to families to help resolve their physical and emotional crises. Individual/Family counseling and play therapy services offered, bilingual therapist. The Transitional Living Program offers both residential and non-residential services to 16 to 21 year olds who need help transitioning to the responsibilities of adulthood. Services are provided to pregnant, parenting, and homeless young adults.

Website: www.cityhouse.org

MY FRIENDS HOUSE **972-424-4626**

Services: Residential care, a safe haven to meet the needs of children ages 0 to 9 years old. Bilingual .

Website: www.cityhouse.org

COLLIN COUNTY LIFE PATH SYSTEMS **972-422-5939**

Location: 3920 Alma Road, Plano, Texas 75023
Services: The Texas Families Together and Safe Program targets families in accessing community based services. Provides, inpatient and out patient counseling services for children and adults. Long term and short term Crisis Intervention Counseling provided. Qualifying individuals may apply for clothing, utilities, rent and food assistance. Sliding scale fee /Medicaid.
Hours: 8:00 a.m. – 5:00 p.m.- Intake worker - per appointment. Bilingual

COLLIN COUNTY SILVER THREADS **972-569-6753**
COLLIN COUNTY COMMITTEE on AGING

Location: 600 N. Tennessee, McKinney, Texas 75069
Services: Clothing, community store

COLLIN COUNTY SUSTANCE ABUSE PROGRAM **972 633-3370**

Location: 900 E Park Blvd, #130, Plano, 75074
Services: Alcohol/drug assessment and referral, information, video library and speakers bureau. Urine drug testing is also provided for a fee of \$35.00 depending on substance screened.
Hours: By appointment. Bilingual
Website: www.co.collin.Texas.us/substance_abuse
Contact: graulston@collincountytx.gov

COLLIN COUNTY WOMEN’S CENTER **972-422-7233**

COMMUNITY COUNSELING ASSOCIATES **214-509-6888**

Location: 1506 N Greenville, Ave, #200, Allen, 75002
Contact: Tim Vassberg, 214-676-2912
Website: communitycounselingassociates.com

COMMUNITY DENTAL CARE **972-424-1460 X5580**

Location: McKinney Dental Clinic, 825 N. McDonald, McKinney, Texas 75069

COMMUNITY DENTAL CARE **972-633-3380**

Location: 900 E. Park Blvd, #180, Plano, Texas 75074

COMMUNITY SERVICES WEATHERIZATION PROGRAM **800 831-9929**

Location: P.O. Box 612, Corsicana, Texas 75151
Services: Provides home repair to reduce energy costs. Materials and labor provided. Targeted populations will be given priority: elderly, families with 5 or more children and disabled. Homeowners and renters may qualify.
Hours: 8:00 a.m. – 5:00 p.m. M / F

CONSUMER CREDIT COUNSELING SERVICES 800-856-0257

Location: 901 N. McDonald St, Suite 600, McKinney, Texas 75069
Services: Budget counseling; Debit management counseling and education
Website: www.ccsnct.org

**CROSSROADS FAMILY SERVICES 972 578-2802
ext. 112**

Location: 2600 Avenue K Suite 140, Plano, Texas 75704
Services: Counseling Services; first offender program, individual; family, child/adolescent; couple; marriage; victims of crime; domestic/family violence; substance abuse; group counseling for victims of crime, domestic violence. Bilingual
Hours: By appointment – Intake Worker
Website: www.crossroadsfcc.com

DALLAS CHALLENGE, INC 972-566-4680

Location: 7777 Forest Lane, #B410, Dallas, Texas 75230
Services: Drug/Alcohol and Addiction Information

DALLAS CHALLENGE, INC. TRUANCY CENTER 214-860-4408

Location: 414 S. RL Thornton, Dallas, Texas 75203
Services: Drug/Alcohol and Addiction Information and Treatment

DALLAS INTERNATIONAL STREET CHURCH 214-928-9595

Location: 2706 S. 2nd St., Dallas, Texas 75210
Services: Homeless services

DALLAS LIFE FOUNDATION 214-421-1380

Location: 1100 Cadiz, Dallas, Texas 75215
Services: Homeless services

DART ON CALL East Plano 972 880-5723

Services: Exact fare required. Neighborhood shuttle service to shops, restaurants, or medical appointments. Reservations must be made at least one hour in advance. When scheduling a trip, be prepared to provide name, date of travel, departure location, destination and desired arrival time. Service is available first-come first served basis.

Fees: Regular fare \$2.50; Reduced fare \$.75. (call to confirm fare) Bilingual

Website: www.dart.org/riding/dartoncall.asp

DAY RESOURCE CENTER 214-670-3043

Location: 901 S. Ervay St, Dallas, Texas 75201
Services: Homeless services

DENTON COUNTY SHERIFF'S OFFICE/JUVENILE PROGRAM 940-349-1651

Location: 127 N. Woodrow Lane, Denton, Texas 76205-6397
Services: The Juvenile Impact Program is a three and a half hour program in which juvenile offenders or potential offenders listen to the life stories of people who have been convicted of crimes and who are spending part of their lives in jail as a result. Anyone 10-17 yrs of age that has been referred by a school, court, police officer, or parent may attend.

DEPT. OF ASSISTIVE/REHABILITATIVE SERVICES 214-365-2800

Location: 520 Central Pkwy E, #232, Plano, Texas 75074
Services: State agency works with students with disabilities – learning, physical, emotional, mental – to help student toward a vocational goal. (formerly Texas Rehab. Commission) Non-profit.
Contact: nancy.johnson-murphy@dars.state.tx.us

DIAPERS TO YOUR DOOR 800-658-6212

Services: Medicaid

**DISPUTE MEDIATION SERVICES COLLIN COUNTY 972-562-6001
DALLAS COUNTY 214-754-0022**

Services: Provides assistance in resolving disputes.

DISTRICT ATTORNEY'S OFFICE-COLLIN COUNTY 972 424-1460 ext. 4323

Website: www.co.collin.Texas.us/district_attorney

DOUGLAS COMMUNITY CENTER 972 941-7174/972-941-5461

Location: 1111 Ave H, #B, Plano, Texas 75074
Services: Recreation Center, G.E.D. preparation classes.
Hours: Call for schedule of events.

DRUG TEST YOUR TEEN 214-797-8378

Location: 12801 Midway Rd, #212, Dallas, Texas 75244
Website: www.drugtestyourteen.com

EARLY CHILDHOOD INTERVENTION. (ECI) 972-562-0331**EASTER SEALS 972 394-8900**

Location: 4443 N. Josey Lane, Carrollton, Texas 75010
Services: Speech, physical, occupational therapy provided to children ages birth – 17 years of age. Developmental evaluations, bilingual.
Hours: By appointment only – Intake Worker
Website: www.easterseals.com

EATING RECOVERY CENTER **214-919-5950**

Location: 4716 Alliance Blvd., Suite 400, Plano, Texas 75093
Services: Children, Adolescents and Adults. Many different Insurances accepted
Hours: 24/7
Website: www.dallas.eatingrecoverycenter.com

EDNA GLADNEY HOME **817-922-6000**

Location: 6300 John Ryan Dr, Ft. Worth, Texas 76132
Services: Expectant mother's group home and adoptions.

EMPLOYEE ASSISTANCE PROGRAM – EAP- PLANO **800-272-7255**

Services: Guidance resources

ENGLISH CLASSES

Faith Lutheran **972-424-8551**

Services: \$10.00 set of books

St. Marks **972-423-5609**

Services: \$10.00 set of books

EYE EXAMS/GLASSES **972-276-1250**

Location: Lions Club, Dallas Office
Services: Contact school nurse for referral to Low Vision Clinic. Provides referral/financial help to children who need eye surgery. Any child who qualifies for a free school lunch qualifies for the Eyeglass program.

FAMILY EDUCATION AND GUIDANCE SERVICES **469-752-2272**

Location: 1300 19th St, Plano, 75074
Contact: Rina Nittolo
Services: Parent education, GED, ESL

FAMILY HEALTH SERVICES **800-422-2956**

FAMILY LITERACY/PLANO ISD **469 752-2252**

Location: 1300 19th Street, Plano, Texas 75074
Services: Provides adult literacy, basic adult educational opportunities, Early Childhood Education and parenting education. Eligibility: low income families residing in the Plano area; have a child newborn to 8 years of age; have low literacy; commit to all program hours. Bilingual
Hours: please call for appointment.

FAMILY OUTREACH **972-663-6713**

Location: 2205 Los Rios, Plano, Texas 75074
Services: Parent Education classes. Court ordered services such as Parent Education mentoring, Case Management and in-home services offered to families referred by Child Protective services.
Fee: \$35.00 per family; \$20.00 per person. Bilingual
Hours: Call to schedule appointment.

FAMILY PLACE/DALLAS **214 559-2170**

Location: Dallas, Texas
Services: Hotline Services, Emergency Shelter, Supportive Living, Child Development, children's counseling and outreach counseling. Bilingual
Hours: 24 hours – intake worker
Website: www.familyplace.org

FAMILY TREE COUNSELING **214-230-1234**

Location: 3900 American Dr, #103, Plano9, 75075
Contact: info@FTcounseling.com

FINANCIAL AID FOR COLLEGE

Website: www.fafsa.ed.gov
Free Student Financial Aid applications. FAFSA determines if you are eligible for financial aid.

FIND DOCTOR/DENTIST **888-331-5576**

FOOD PANTRY OF PLANO **972-424-4574**

Location: Holy Nativity Episcopal Church, 2200 18th St, Plano, Texas 75074

FREEDOM HOUSE ADDICTION TREATMENT **479-968-7086**

Location: 400 Lake Front Dr, Russellville, Arkansas 72802

FRISCO FAMILY SERVICES **972-335-9495**

RESALE SHOP **972-712-7833**

Location: 8780 Third, Frisco, Texas 75034
9085 Dogwood Frisco, Texas 75034
Services: Food, Clothing, Emergency assistance

FRIDAY NITE FRIENDS **972-618-0583**

Location: Custer Road Methodist Church, 6601 Custer, Plano, Texas 75023
Services: Respite care for children birth to 15 years.
Website: www.crumc.org

G.E.D. Classes/Allen ISD **972-727-7163 X236**

Location: 610 E, Bethany, Allen, Texas 75002
Hours: Tuesday/Thursday 6-7:30pm

G.E.D. and ESL CLASSES **469-752-2252**

General Equivalency Diploma – English as a Second Language
Location: 1300 19th Street, Plano, Texas
Services: ESOL, GED and Family Literacy in English
Fee: Classes free – Book purchase required for GED

COLLIN COLLEGE CONTINUING EDUCATION 972-985-3790

Location: 4800 Preston and Park Plano, Texas 75093 – Courtyard Campus
Services: G.E.D. and ESOL
Hours: Call for class schedule

COMMUNITY LEARNING FAMILY EDUCATION PLANO ISD 469-752-2277

Location: 1300 19th Street, Plano, Texas 75074
Services: Spanish Literacy, English G.E.D, Spanish G.E.D.
Hours: T/TH 5:00 pm. – 7:00 pm, by appointment

G.E.D. and ESL CLASSES

General Equivalency Diploma – English as a Second Language

Harrington Library 972-941-7175

Location: 1501 18th St. Plano, Texas 75074
Services: Computer classes, ESL classes
Hours: By appointment

Prestonwood Literacy Mission 972-820-3316

Services: ESOL
Hours: Tuesday and Thursday 7:00 p.m. – 9:00 p.m.

GALAXY COUNSELING CENTER 972-272-4429

Location: 2600 K Avenue, #206, Plano, 75074

GAMBLER’S ANONYMOUS 214-890-0005

Location: Ridgeview Presbyterian Church, 12717 Marsh Lane, Dallas, Texas

GENESIS WOMEN’S SHELTER AND SUPPORT 214-389-7700

Genesis 24 HOUR Hotline: 214-946-HELP (4357)

Location: 4411 Lemmon Ave, #201, Dallas, 75219
Contact: Jessica Brazeal LPC-S
jbrazear@genesishshelter.org

GILDA’S CLUB NORTH TEXAS 214-219-8877x135

Location: 2710 Oak Lawn, Dallas, Texas 75219
Services: Support groups for children and teens with cancer or a loved one with cancer. Group Support for students who have lost a loved one to cancer. Pediatric Oncology Support Group for parents of children diagnosed with cancer.
Website: www.gildasclubTexas.com

GOD’S FOOD PANTRY 972 633-9777

Location: 3420 E. 14th Street, Plano, Texas 75074
Services: Provides emergency food assistance.
Hours: Tuesday – Saturday; 9:00 a.m. – 12:00 a.m. Bilingual
Fee: None – bring photo I.D. to apply for services

GRIEF COUNSELING/SUPPORT GROUPS

Healing Matters –

Grief support group for adult and children Medical Center/Plano 972-519-1588

Journey of Hope –

Non-profit grief counseling designed to provide assistance through trained volunteers to children and their families who suffer loss due to the death of a parent, sibling or a friend. 972-964-1600

Rainbows -West Plano Presbyterian Church, 2709 Custer Rd, Plano, Texas 972-596-2415

Grief Recovery/Peer Support Group for children 4-17 yrs w/loss through death, divorce or abandonment.

HABITAT FOR HUMANITY

972 398-0634

Location: 1400 Summit Suite 103, Plano, Texas 75075

Services: Families seeking help with affordable housing. Families must meet income guidelines.

Hours: By appointment

Website: www.habitat-scc.org

HEARD MUSUEM

972-562-5566 X226

HERE FOR TEXAS

Grant Halliburton Foundation

Services: When you need answers, support & resources for mental health

Website: www.HereForTexas.com

HOME SCHOOL

806-744-4441

Location: PO Box 6747, Lubbock, Texas 79493

Services: T.E.A. rules provided to those choosing to home-school their children. However, Texas does not award a diploma to home-schooled or to students enrolled in unaccredited private schools. A General Equivalency Diploma or GED is awarded to those passing the GED exam.

Website: www.thsc.org

HOMELESS PREVENTION PROGRAM

972 542-5302

Location: 1710 McDonald, McKinney, Texas 75071

Services: Provides financial assistance to high risk individuals living, facing eviction notice. Individual will need to complete an interview the Samaritan Inn case manger to determine eligibility and services.

Website: www.thesamaritaninn.org

HOPES DOOR / EMERGENCY SHELTER

972-422-2911

Location: Plano, Texas

Services: Provides emergency shelter services for victims of domestic violence. Provides group and individual counseling for former shelter clients, Legal advocacy; 24 Hour phone crisis, Hotline. Batterer's Intervention Program. Food pantry and clothing closet. Bilingual

Website: www.hopesdoor.org

HOUSING AUTHORITY-MCKINNEY 972-562-9996

HOUSING AUTHORITY-PLANO 972-423-4928

Location: 1740 Ave. G, Plano, Texas 75074

HUD (US Department of Housing and Urban Development) 800 569-4287

Services: Supervises government subsidized housing through local Housing Authority. Oversees and handles complaints about D/FW housing authorities. Sells low -cost homes. Bilingual

Hours: 8:00 a.m. – 4:30 p.m. - M/F call for appointment

Website: www.hud.gov

HUMAN RESOURCES and CHILD WELFARE OF TEXAS 972-562-5832

Location: 901 N. McDonald, #100, McKinney, Texas

Services: Administers and provides qualifying information for the Food Stamp Program and Medicaid Benefits. Report Child Abuse 800-252-5400.

INFANT TODDLER and INTERVENTION (ECI) 469-385-4900

Location: Serves Plano ISD residents
1701 Collins, #100, Richardson, Texas 75080

Services: Provides family-centered, early-intervention services to children from birth – 3 years of age. Services are free to families of children who demonstrate a delay in area of development. Bilingual

Hours: 8:00 a.m. – 4:00 p.m., Monday – Friday

Website: www.itipnt.org

INTERNAL REVENUE SERVICE (IRS) 800-829-1040

VITA Program

Location: Harrington Library- 1501 18th Street Plano, Texas 75074

Services: Free income tax help by IRS volunteers to low income, families, elderly and disabled individuals. Service available January, February and April of each year. Bilingual

Website: www.irs.gov

ITIP(Infant/Toddler Intervention Program) 469-385-4900

Location: 1312 14th Street, Suite 200 Plano, Texas 75074

ISABEL’S COMMUNITY OUTREACH 214 288-3142

Location: 1312 14th Street, Suite 200 Plano, Texas 75074

Services: Classes offered in basic living skills such as: arts and crafts, cooking, sewing, computer class and English class. Summer children’s program. Bilingual

Hours: By appointment. Schedule of classes varies.

JEWISH FAMILY SERVICES **972-423-9950**

Location: 5402 Arapaho Road, Dallas, Texas 75248
Services: Individual/Group/Children (sliding fee)
Contact: info@JFSDallas.org

JOB CORPS CENTER **972-542-2623**

Location: 1701 N. Church St, McKinney, Texas 75070
Services: A federally funded residential training program for youth which includes both vocational and academic instruction.

JOB CORPS OUT-REACH OF DALLAS **214-824-3030**

JOURNEY OF HOPE **972 964-1600**

Location: 3900 W. 15th Street, Suite 306, Plano, Texas 75075
Services: Grief Support Center is to provide support at no cost for children, teens and their families as they mourn the death of loved ones.
Contact: director@johgriefsupport.org
www.johgriefsupport.org

JULIETTE FOWLER HOME **214-827-0813**

Location: 1234 Abrams Road, Dallas, Texas 75214
Services: Children, youth and family services, 24-hour residential treatment for adolescents, outpatient counseling, individual, group and family therapy offered.

KIDS COUNT **214-675-3318**

Services: Personal safety; Anti victimization; free puppet shows grades K-2
Contact: Jane Donovan

LEGAL ASSISTANCE/SALVATION ARMY COLLIN COUNTY **972-423-8254**

Services: Free Services

LEGAL SERVICES OF NORTHWEST TEXAS **972 542-9405/
800-906-3045**

Location: 901 N. McDonald Street, Ste. 702, McKinney, TX 75069
Services: Legal counseling for low income residents of North Texas. The following Legal services are assessed: family issues, consumer issues, civil rights, divorce, child support, debt and bankruptcy, public benefits, housing issues and education issues. Does not provide help for traffic tickets, automobile accidents, or criminal problems. Bilingual
Hours: 8:30 a.m. – 5:30 p.m. – M/F
Fee: Court fees vary; no attorney fees

LENA POPE HOME **817-731-8681**

Location: Dallas, Texas
Services: Offers comprehensive range of services, including family preservation, counseling, alternative education, and foster care to meet the behavioral healthcare needs of children, youth, adults and families. Adoption services. Call the Ft. Worth # for information of Dallas facilities

LIFENET TEXAS, YOUNG MINDS **214-221-5433**

Location: 9708 Skillman, Dallas, 75243

LIFEPATH SYSTEMS **972-422-5939 877-422-5939**
North Star Crisis Line 866-260-8000

Location: Behavioral Health Services – Plano
7308 Alma Dr., Plano, TX 75025

LIFESOURCE MINISTRIES, INC. **469-814-0114**

Location: 2109 W Parker Rd, Ste 208, Plano, Texas 75023
Services: Provides emergency assistance for families in need. Services provided: emergency food, clothing, and some financial assistance (rent/utilities), and counseling services.
Hours: 9:00 a.m. – 4:00 p.m. – M/TH 9:00 a.m. – 2:00 p.m. – Friday
Website: www.lifesourceonline.org

LIONS CLUB **972-985-8260**

Services: Offers free glasses

LONE STAR EXPEDITIONS **866-573-2002**

Location: 1728 Forest Road, #1501, Groveton, Texas 75845
Services: Outdoor Behavioral Treatment Program licensed by the state of Texas. Serves boys and girls ages 14-17.

MCKINNEY COMMUNITY CENTER **972-542-0045**

MEDICAID HOTLINE **800 647-6558**

Services: Apply for CHIP or Children’s Medicaid over the phone, mail, fax or download a copy of the CHIP/Children’s Medicaid application.
Who qualifies: A child under the age of 19, a Texas resident and a U.S. citizen or legal permanent resident. The citizenship or immigration status of the parent may not affect the children’s eligibility and is not reported on the application form. To qualify the child must be living in a family who meets the income guidelines. A family’s size, income, and assets determine qualification for Children’s Medicaid or CHIP initial and renewal coverage. If you are an employee of the State of Texas you may qualify for insurance supplement for your dependent children under age of 18 through the State Kids Insurance Program-SKIP There is a 90 day waiting period before benefits can be used.
Website: www.chipmedicaid.org

MEDICAID/CHILDREN HEALTH INSURANCE **972 562-5832**

Location: Texas Department of Human Services
901 N. McDonald, Suite 800, McKinney, Texas 75069

Services: Individuals applying for initial Medicaid benefits will need to call 972 562-5832 or complete a Medicaid application to apply for services.
Provides insurance to individuals who qualify under income guidelines.
Bilingual

Hours: By appointment with TDHS caseworker

MEDICAID NURSE LINE **800-304 5468**

MEDICAID TRANSPORTATION **877-633-8747**

Services: No cost transportation to / from Medical appointments for Medicaid recipients. Medicaid number and social security number required when scheduling. Bilingual

MEDICAL CENTER OF PLANO **972-596-6800**

MEDICARE HOTLINE **800-633-4227**

Website: www.medicare.gov

METHODIST CHILDREN'S HOME **254-753-0181/800-964-9226**

Location: Waco, Texas

METHODIST CHURCH MEDICAL RESPITE **972-618-3450**

Location: 6606 Custer Road, Plano, Texas 75023

Services: Provides medically supervised childcare for the parents of special children so they may have a 'respite' from the almost continuous job of taking care of their child.

Hours: Friday evenings from 6 pm – 10pm.

MINNIE'S FOOD PANTRY **972-596-0253**

Location: 3033 W Parker Rd, Ste 117, Plano, 75023

Services: Food; parent needs photo ID and proof of residence

Hours: Wednesday – Saturday, 9 AM – 11 AM

MOMENTOUS INSTITUTE **214-915-4700**

Location: 101 E 10th, Dallas, 75203

Services: A residential, therapeutic program for boys and girls who are experiencing behavioral difficulties

Contact: info@momentousinstitute.org

MYERS YOUTH PARK		972-548-4793
Location:	7117 Country Road 166, McKinney, Texas 75071	
Services:	Available to groups for events, celebrations, and meetings. Open to Collin County residents. The Collin County Farm Museum is located at the site.	
Website:	http://www.co.collin.tx.us/parks/myers/index.jsp	
MOSIAC FAMILY SERVICES		214-821-5393
Services:	Serves Asian Community – addresses domestic violence, human trafficking. Also offers other programs.	
Website:	http://www.mosaicservices.org/	
NARCOTICS ANONYMOUS		972-699-9306
Location:	2001 Independence, Plano, Texas 75075	
Services:	Narcotics Anonymous meetings 8pm Monday, Wednesday, Friday (12 pm Saturday)	
Website:	www.nar-anon.org	
NATIONAL AUTISM ASSOCIATION OF NORTH TEXAS n		214-925-2722
Contact:	naaofnorthtexas@gmail.com	
NEW BEGINNINGS		972-276-0057
Services:	Domestic violence shelter – Garland	
NEXUS RECOVERY CENTER		214-321-0156
Location:	8733 la Prada, Dallas, 75228	
Services:	specialized substance abuse services for females, adult women and adolescent girls ages 13 to 17	
NORTH CENTRAL TEXAS WORKFORCE CENTER		469 229-0099
Location:	820 Jupiter Road, Suite 100, Plano, Texas 75075	
Services:	Job training, Employment assistance and job placement. Resource Room: computers, fax, phones, resume workshop available for job search. Utility assistance and child care funding.	
Hours:	8:00a.m.-4:00 p.m., Monday – Friday	
NORTH TEXAS FOOD BANK		214 330-1396
Website:	www.nTexasfoodbank.org	
NORTH TEXAS JOB CORPS		972-542-2623
Location:	1701 N. Church St, McKinney, 75069	
Services:	Vocational offerings in the following area: Accounting Clerk, Brick Mason, Business and Office Technology, Carpentry, Computers, Culinary Arts, Desktop Publishing, Facilities Maintenance, Electrical, Hotel/Motel Hospitality, Landscaping, Lithographic Printing, Nursing Aide, Painting, Plumbing, Security, Warehousing/Material Handler	
Website:	http://northTexas.jobcorps.gov/	

NORTH TEXAS YOUTH CONNECTION **469-854-6253**

Location: 201 W Boyd Dr, #105D, Allen , 75013
Services: Serves runaway, homeless, and street youth and their families. Free family counseling, no income requirements.
Contact: Sharon Watson
swatson@ntxyouthconnection.org

OPERATION SCHOOL BELL **469-416-9520**

Location: Assistance League of Greater Collin County
2011 W Spring Creek Pkwy, #1500, Plano, Texas 75023
Services: Supplies new clothing and hygiene kits for elementary school children.
Services through school counselor. Non-profit.
Contact: rosaliewatkin1@gmail.com

ORGANIZATION OF LATIN AMERICANS (OLA) **972-422-2252**

OUR FRIENDS' PLACE **214-520-6268**

Location: 2501 Oak Lawn Ave, #500, Dallas, Texas 75219
Services: Therapeutic, residential group home for girls 10-17 years and transition living center for young women 18-24 years. Non-profit. Phone screening assessment is free.

PARKLAND HOSPITAL – DALLAS **214 590-8000**

Location: 5201 Harry Hines Blvd., Dallas, Texas 75235
Services: Medical Care Services: ER, Trauma, Outpatient, Community Clinic, Infants and Children, Social Services, Bilingual
Website: www.parklandhospital.com

PARTNERS RESOURCE NETWORK **1-800-866-4726**

Services: PATH Project is one of 3 federally funded Parent Training & Information Centers serving Texas parents of children and youths with disabilities 0-26
Website: www.partnerstx.org

PEACEFUL OASIS SHELTER **CRISIS HOTLINE 972-880-4192**

Services: Texas Muslim Women's Foundation assistance with family violence

PHYSICIANS FOR CHILDREN – “MY CHILDRENS” **972-608-3800**

Location: 1720 N. Central Expy., Suite 150, McKinney, Texas 75070
Services: Medical
Hours: Hours: Monday-Tuesday - 8 a.m. to 7 p.m.
Wednesday-Friday - 8 a.m. to 5 p.m.
Saturday – Call for availability

PLANNED PARENTHOOD **972 424-6311**

Location: 810 Central Expressway, Suite 116, Plano, Texas 75704
Services: Pregnancy test cost \$18.00, option counseling and referrals, STD testing, contraceptives offered. Bilingual
Hours: By appointment

PLANO CHILDREN'S MEDICAL CLINIC **972-801-9689**

Location: 1407 14th, Plano, Texas 75074
Services: Offers immunizations, well baby/well child check ups and doctor examinations. Free immunization clinic, 2nd Saturday of the month, 10am-12pm. (bring record and proof of residency) Medicaid/CHIP by appointment. only 8:30-4:30. Volunteer clinic Wednesday and Thursday 6pm. 1st come 1st serve.
Fee: Medicaid, CHIP, private insurance - \$5.00 for non-insured
Website: www.plano-cmc.org

PLANO CHILDREN'S THEATER **972-422-2575**

Website: <http://www.planochildrenstheatre.org/>

PLANO, CITY OF
Plano Homeownership Program **972-208-8150**

Location: 7501-A Independence Pkwy, Plano, Texas 75086
Services: Down payment/closing cost help for low-income first home buyers.
Hours: 8:00 a.m. – 5:00 p.m., Monday – Friday
Website: www.plano.gov

PLANO, CITY OF **972-424-5678**

Plano Police Department – UNITED – UNIDOS program
Location: Mendenhall Elementary School – 1313 18th St., Plano, Texas
Services: Plano Police Dept. invites the Hispanic Community to learn more about the Plano Police Dept. and how to live better in the U.S. Topics include: vehicle registration and drivers license. Bilingual
Website: www.programaunidos.org

PLANO CLOTHES CLOSET **972-424-7844**

Location: 1500 Jupiter Rd. Plano, Texas 75074
Services: provides, clothing and household item, toys and blankets
Hours: 10:00 a.m. – noon – Wednesday, 7:30 p.m. – 9:00 p.m. – Wednesday

PLANO COMMUNITY CHARITIES **972-578-0399**

Location: 2436 Ave K Suite 200, Plano, Texas 75074
Services: Provides the following assistance: clothing, furniture, household items, rent and utilities.
Hours: 10:00 a.m. – 5:00 p.m. – M/S

PLANO FAMILY CLINIC (MEDICAID) 972-633-8747

Location: 2380 E. Park Blvd, Plano, Texas 75074 (Park and Jupiter)
Hours: Monday and Friday 9:30am-5pm, Wednesday 11am-7pm, Thursday 9am-2pm

PLANO FAMILY LITERACY 469-752-2253

Location: 1300 19th St, Plano, 75074
Services: Literacy; English skills for the whole family
Criteria: low literacy, financial need

PLANO FOOD PANTRY 972-424-4574

Location: Holy Nativity Episcopal Church, 2200 E. 18th St. Plano, Texas 75074
Services: Provides emergency food to families in need. Families will need to be screened referred by Assistance Center of Collin County

PLANO HEALTH SERVICES 972-633-1300

Location: 1400 Summit Ave. Suite CA, Plano, Texas 75074
Services: Provides the following services: physical exams, pregnancy testing, treatment of sexually transmitted diseases, birth control methods, health education and counseling. Bilingual
Website: www.plano.gov/health

PLANO HOUSING AUTHORITY 972-423-4928

Location: 1740 Ave. G, Plano, Texas 75074
Services: Section 8 housing. Housing assistance for low income families, must meet income guidelines.
Hours: 8:00 a.m.-4:00p.m. – Monday - Friday
Website: www.plano.gov

PLANO HOUSING REHABILITATION 972-208-8150

Location: 7501-A Independence Pkwy, Plano, Texas 75086
Services: Provides funds for low to moderate income homeowners for home repairs essential to the safety and welfare.

PLANO INDEPENDENT SCHOOL DISTRICT 469-752-8100

Location: 2700 15th Street, Plano, Texas 75075
Programs: Education Pre K to 12 grades. Educational Programs/Services such as: Head Start, School Age Parenting, Early Childhood programs, Family Education, Preschool for Children with Disabilities, Senior High School Learning Centers, Chinese Bilingual, eSchool (online high school courses), Family Literacy, GED prep classes and test, and PASAR (after school care).
Website: www.pisd.edu

PLANO ISD FAMILY EDUCATION AND GUIDANCE SERVICES 469-752-2272

Location: 1300 19th Street, Plano, Texas 75074
 Services: Support groups, parent education classes, parent resource library, family literacy program, ADHD series. There is a fee for parenting series but all parents are welcome regardless of ability to pay.

PLANO ISD – RESOURCES/CONTACTS

Paul Weaver, District Director of Counseling and Guidance		469-752-8012
Kim Loftus-referral questions		469-752-8028
504/CAT/CARE	Denise Hammersla	469-752-5797
Adult GED	Mike Landingham	469-752-8231
At Risk	Lawrence Mann	469-752-6380
Employment	www.pisd.edu/employment	469-752-8135
GED	Josie Ryan	469-752-6956
Homeless Assistance	James Thomas	469-752-8017
Family Literacy	Cindy Daniels	469-752-2252
Hispanic Services Available		
Family Education and Guidance Services	DeLynn Brennan	469-752-2275
Office Manager	Rina Nittolo	469-752-2272
Hispanic Services	Rosa Crocker	469-752-2278
Includes Adult GED		
School Age Parent Program	Wanda Pietersz	469-752-2293
Student Transfers, Guardianship, Residency Issues		469-752-8124
Substance Abuse Prevention Specialists		
East Cluster	Greg Thomas	469-752-9226
Central Cluster	Dawn Niethamer	469-752-9448
West Cluster	Carrie Stevens	469-752-9726
Security Police Services		469-752-8057
School Health		469-752-6387
Truancy	Ann Jackson and Sonya Berger	469-752-5796
Head Start		469-752-7160
Expectant Parent Program		469-752-6902

PLANO ISD-STUDENT/PARENT AWARENESS LINE 469-752-5385

Services: Bilingual automated, state-of-the-art-telephone based information and referral system.

PLANO ISD-STUDENT SUPPORT SERVICES

Services: Counseling, Peer Support, Personal Safety, Safe and Drug-Free Schools, Peer Assistance and Leadership, Police/School Liaison, Special Programs Center, Discipline Management, School Health. In addition to the resources found on this site, parents are encouraged to contact their child's teachers and school office for more information.

Website: www.pisd.edu/students

PLANO ISD-UNIVERSITY READY

University Ready is designed to aid Plano students and parents as they prepare for all aspects of post-secondary experience. Plano ISD is committed to college readiness for all students.

Website: <http://ur.pisd.edu>

PLANO PARKS and RECREATION**972-941-7250**

Services: Provides recreation center program and summer play-ground programs, summer camps calendar of programs on the website. Bilingual

Website: www.plano.gov/departments/parksandrecreation

PLANO PASSPORT OFFICE**972-881-3090**

Location: Collin County Sub Courthouse, 900 E. Park Blvd., Plano, Texas 75074

Services: A passport is an internationally recognized travel document that verifies the identity and nationality of the bearer. Documents needed: two passport-size photographs, proof of U.S. citizenship (this includes previous U.S. passport, a certificate issued by the state, or Consular Report of Birth Abroad or Certification of Birth, a Naturalization Certificate, or Citizenship, a valid form of photo identification such as a driver's license. Need to apply in person if you are apply for U.S. passport for the first time, lost or stolen application needs to be completed to apply for a passport

Hours: 8:00 a.m. to 4:00 p.m.

PLANO POLICE DEPARTMENT**972 424-5678**

Location: 909 14th Street, Plano, Texas 75074

Website: www.plano.gov/departments/police

PLANO PUBLIC LIBRARY SYSTEM

Services: Educational and information programming for children, Literacy for Life program, Spanish and Chinese materials, book loans, audio and video cassettes. Free library card.

Website: www.plano.gov/Departments/Libraries

PLANO PRESBYTERIAN HOSPITAL**972-608-8000****PLAY THERAPIST****972-893-9467 EXT 2**

Location: Reflections Professional Counseling Center, P.A.
2309 Coit Road , Suite D, Plano, Texas 75075

Services: Therapy and counseling for children

Cost: Avg Cost (per session): \$110 - \$130

PLEASANT HILLS CHILDREN'S HOME**903-989-2641**

Location: Fairfield, Texas

Services: Treatment for behavioral issues for boys and girls 5-17 yrs. No child turned away.

PRESTONWOOD PREGNANCY AND FAMILY CARE **972-386-4015**

Location: 15757 Coit Road, Suite 308 Dallas, Texas 75248
Services: Provides the following free services: Free pregnancy test, sonograms, prenatal growth, newborn parenting, childbirth classes, individual counseling, educational videos. Recovery groups: Sex abuse recovery, emotional and physical recovery, single moms support groups, post abortion recovery. Criminal Justice Center represents low income clients in civil matters, jail offenses or low income taxpayers needing to resolve tax problems with an audit, IRS. Bilingual
Hours: Call to schedule an appointment
Website: www.prestonwoodpregnancy.org

PRESTONWOOD UPSCALE RESALE **972-820-5000**

Location: 561 Campbell Suite 101 Richardson, Texas 75080
Services: Free maternity clothes, baby clothes, baby furniture, baby food. “Dress for success” – clothes for mom after baby is born. Bilingual
Hours: Call to schedule appointment

PRESBYTERIAN COMMUNITY MEDICAL CENTER **972 509-4554**

Location: 900 E. Park Blvd., Suite 100, Plano, Texas 75074
Services: Outpatient clinic services offers: prenatal and postnatal care, pediatric care, low cost immunizations, adult primary care, senior care, radiology, and lab services. Medicaid caseworker on site to assist with Medicaid application. Bilingual
Hours: Monday – Friday, 8:00 a.m. – 12:p.m. 1:00 p.m. -5:00 p.m. – Schedule an appointment with Intake Department.

PREVENT BLINDNESS **214-528-5521**

Services: Free exams and glasses for qualified students

PRIMARY CARE CLINIC OF NORTH TEXAS **972-596-6005**

Location: 3900 American Dr #201, Plano, TX 75075
Services: Medical care to uninsured adults and children over the age of 12
Hours: Monday – Saturday 8:30AM–12:30PM, 1–5PM
Website: www.primarycareclinic.org

PSYCHIATRIC MEDICAL ASSOCIATES **972-267-1988**

Location: 6404 International Pkwy, #2100, Plano, 75093

RAINBOW DAYS, INC. 214-887-0726

Location: 8150 N. Central, #1600, Dallas, Texas 75206
Services: Educational support groups which provide children with the skills they need to overcome adversity and stay drug-free. Groups for parents are also offered. Non-profit.

TURNING POINT (formerly - RAPE CRISIS CENTER) 800-886-7272

972-985-0951

Services: Teen Awareness Program (TAP), educational programs, and counseling. Bilingual.

READING AND RADIO RESOURCE 214-871-7668

Location: 2007 Randall St., Dallas, Texas 75201
Services: Volunteer-driven agency dedicated to the provision of reading alternatives to students. Qualified students are those who are dyslexic, students with vision, learning or physical disabilities, and students who qualify for Special Education or as English Language Learners and Section 504. The Recorded Books Program records books and requested materials for direct distribution to individuals. Requested materials can be fiction or non-fiction books, informational materials, text books or training literature. Audio recordings are provided in cassette, CD, or MP3 format and can be played on any standard audio player and are theirs to keep. The service is free for the individual. E-mail: audiobooks@readingresource.org

REAL OPTIONS FOR WOMEN 972 424-4357

Location: 700 E. Park, Suite 206, Plano, Texas 75074
Services: Will confirm pregnancy; initial, prenatal care, sonogram. Physician referral, provides counseling, referrals for baby clothing, maternity clothes and supplies. Free STD testing.
Hours: Call to schedule appointment

REAL SOLUTIONS COUNSELING CENTER 214-504-1209

Location: 5900 S. Lake Forest Drive, Suite 410, McKinney, TX 75070
Services: Can get referral for free sessions from North TX Youth Connection
Hours: By appointment

RED CROSS OF NORTH TEXAS 972-542-0679

RICHARDSON SPEECH AND LANGUAGE 972-231-4639

Location: 1207 Hampshire Lane #107, Richardson, Texas 75081

RUNAWAY HOTLINE 888-580-4357

Website: www.dfps.state.Texas.us/runaway_hotline/runaway.asp

ST. ANDREWS UMC COUNSELING CENTER 972-380-8001

Location: 5801 Plano Pkwy, Plano, 75093
Services: Counseling

SALESMANSHIP CLUB YOUTH and FAMILY CENTERS 214-915-4700

Location: 9705 Harry Hines Blvd., Dallas, Texas 75220
Services: Family therapy, troubled kids, child assessments, therapeutic after-school programs, skill-based parent training. All services offered regardless of ability to pay. Non-profit.
Website: www.salesmanshipclub.org

SALVATION ARMY 972 423-8254

Location: 3528 E. 14th St. Plano, Texas 75075
Services: Food, clothing, limited emergency assistance provided for: rent/utilities/medication prescriptions. Individuals applying for financial assistance will need to provide the required documentation, meet income guidelines, and complete an interview with the case manager. U.S. citizens, legal residents qualify for financial assistance. Bilingual.
Hours: 9:00 a.m. – 4:00 p.m. – Monday - Friday
Website: www.uss.salvationarmy.org/uss/www_uss.nsf

SAMARITAN INN 972 542-5302f

Location: 1710 North McDonald Street, McKinney, TX 75071
Services: The only emergency shelter in Collin County for the homeless. 24 hour emergency shelter for families, women, children, and men. Case management services offered with the goal of self sufficiency and transitioning to the community. Individual will complete an initial intake interview with the shelter caseworker. Bilingual
Website: www.thesamaritaninn.org

SCHOOL SUPPLY PROJECT 972-867-0460 X303

Location: 1919 Independence Pkwy., Plano, Texas 75075
Services: Resurrection Lutheran Church provides a school supply program.
Contact: lee@rlcplano.org

SCOTTISH RITE HOSPITAL 214-559-5000

Location: 2222 Welborn Street, Dallas, Texas 75219
Services: TSRHC treats Texas children with orthopedic conditions, such as scoliosis, clubfoot, hand disorders, hip disorders and limb length differences, as well as certain related neurological disorders and learning disorders, such as dyslexia. Long wait for testing. Testing is free.
Website: www.tsrhc.org

SEAY CENTER 972-981-8300

Location: Presbyterian Hospital of Plano, 6110 W. Parker Rd, Plano, Texas 75093
Services: Treats adolescents in in-patient and intensive out-patient settings.

SEABORNE CHALLENGE CORPS	866-732-2676
Location:	Texas A&M @ Galveston, PO BOX 16929, Galveston, Texas 77553
Services:	Free 5-1/2 month residential co-ed training, career development, and service program is for high school drop-outs (16-18 yrs) with a 12 month post residential mentoring phase. Corps members are encouraged to use the educational award provided by AmeriCorps for higher education.
Website:	www.ngycp.org/state/tx
SEVEN LOAVES FOOD PANTRY	214-291-8085
Location:	St. Andrews United Methodist Church, 5801 Plano Pkwy, Plano, 75093
Services:	Food, clothes, supplies, etc.
SERENITY HIGH	469-742-7830
Location:	2100 White Ave, McKinney, Texas 75069
Services:	9-12 grades. Established in Collin County under the auspices of McKinney ISD solely for students coming out of drug treatment where recovering teens can live out their commitment to staying clean and sober.
Website:	www.serenityhigh.org
SHELTER-RUNAWAY/ABANDONED YOUTH (CITY HOUSE)	972-423-7057
SMU CENTER FOR FAMILY COUNSELING	972-473-3456
Location:	5228 Tennyson Pkwy, Bldg 3, Ste 102, Plano, 75024
Services:	Counseling
SOCIAL SECURITY OFFICE	972-562-5700
Location:	3250 Craig Drive, McKinney, Texas 75070
Services:	Assistance provided to obtain SSI benefits, Social Security benefits, Social Security cards and disability claims. Bilingual
Website:	www.socialsecurity.gov
SOCIETY OF ST. VINCENT DE PAUL	972-282-8077
Services:	Financial assistance for utility bills to clients living in Plano, Texas. A telephone interview will need to be completed by with St. Mark's volunteer parish worker to determine eligibility. Bilingual
Hours:	Monday – Friday, 9:00 a.m. to 5:00p.m.
Website:	www.svdpplano.org
SOCIAL SECURITY INCOME (SSI)	800-772-1213
SOUP KITCHEN	214-637-6117
Location:	Union Gospel Mission, 3211 Irving Blvd, #102, Dallas, Texas 75247
SOUTHERN COLLIN COUNTY HABITAT FOR HUMANITY	972-424-0791

SPANISH PARENTING CLASSES **469-752-2277**

Services: Parenting together for adolescents-Free 6 or 12 week program for Spanish speaking teens and parents. (Therapeutic counselor on staff for individual counseling.) English classes for Spanish speaking persons Monday and Wednesday evenings 6-9pm.

STAR LIGHT RECOVERY CENTER **800-292-0148**

Location: Near Kerrville, Texas
Services: Adolescents and adults 18 + yrs.
Website: <http://www.starliterecovery.com/>

STARRY COUNSELING SERVICES **214-238-0801**

Location: 17440 North Dallas Parkway, Dallas, TX 75287
Services: Free counseling for children (0-17) and their families
Website: www.starry.org

STRAIGHT WAY TRAINING CENTER **979-532-5613**

Location: 50 miles south of Houston
Services: 15 month program live-in/long term/will take families/low cost
Website: <http://www.straightway.tc/>

SUICIDE and CRISIS CENTER **214 828-1000**

text one of our trained volunteers at 972-533-3323.

Location: 2808 Swiss Ave, Dallas, Texas 75205
Services: Offers 24 hour hotline, support group for survivors of suicide, debriefing teams, in service, speakers' bureau. Non-profit.

SUMMER SKY TREATMENT CENTER **254-968-5306**

Location: 1100 N. McCart Ave., Stephenville, Texas 76401
Services: Serves clients 12-17 yrs

SUNDANCE BEHAVIORAL HEALTHCARE **469-440-5566**

Location: 2696 W. Walnut, Garland, Texas 75042
Services: Free assessment 24/7. Serves ages 5 to Adult for mental illness & chemical dependency. Accepts most insurances including Medicaid & Medicare.
Website: info@sunbhc.com

SUNDOWN RANCH **903-479-3933**

Location: Rt. 4, Box 182, Canton, Texas 75013
Services: Boys/girls 12-24 yrs

SURE SCAN **972-633-1388**

Location: 2030 Ave G, #1102, Plano, Texas 75074
Services: Most comprehensive drug scan available. All forms of drug and steroid testing. Urinalysis, hair testing.
Hours: Monday - Friday 9-6, Saturdays 10-1.

SURVIVORS OF SUICIDE SUPPORT GROUP **214-475-0345**

Location: 2770 Main Street, Suite 280, Frisco, Texas 75033
Services: Free Grief & Loss Support Group for Adults
Website: www.TheFFCCenter.com

TEEN CHALLENGE **479-848-3105**

Location: NW Arkansas
Services: Boys/girls 12-17 yrs
Website: www.teenchallengeusa.com

TEEN CONTACT (SUICIDE HOTLINE) **972-233-0866**

Location: PO BOX 80742, Dallas, Texas 75380
Services: Teen crisis hotline for referrals. Program in schools dealing with crisis and helping friends in crisis. Presentations to youth, school personnel. Teen help line 972-233-TEEN. Non-profit.

TEEN COURT **972-548-4654**

TEEN GROUPS **214-821-8711**

Services: Volunteer opportunities designed to reach teenagers, ages 14 and up.
Website: www.volunteerpowercrew.org

TEEN PROGRAM INFO **800-688-8706**

Services: Information and resource center for private schools and programs.
Website: www.teenprogram.info

TELEPHONE ASSISTANCE PROGRAM **866 454-8387**

Services: The Lifeline program is designed to help qualified low-income individuals pay the monthly cost of basic telephone service

TEX CARE PARTNERSHIP CHILDREN'S HEALTH LOCAL **800-647-6558**
214-954-4212

Services: Health insurance for children. Fits your budget and applying is easy. Call toll free to have questions answered from 9a-9p Monday - Friday and 9a-3p Saturday, except federal holidays. We will complete your application over the phone or go to our website to download the application. Your school nurse can assist in applying for this new health insurance program developed for children from birth to 18 yrs. Benefits include: regular checkups, shots, eye exams, glasses, prescription drugs, specialist care, dental care, mental health care, ex-rays, lab tests, hospital care and services. Covers pre-existing conditions and offers a choice of doctors. Undocumented immigrant questions contact: Catholic Charities 214-623-9976.

TEXAS ABUSE/NEGLECT HOTLINE **800 252-5400**

Services: For reporting abuse, neglect, or exploitation of children, the elderly, or people with disabilities.
Website: www.Texasabusehotline.org

TEXAS BAPTIST CHILDREN'S HOME **972-937-1321**

Location: Waxahachie, Texas
 Roundrock, Texas 512-255-3668
 Website: <http://www.tbhc.org/>

TEXAS COMMISSION FOR THE BLIND **800-687-7019****TEXAS DEPARTMENT OF FAMILY and PROTECTIVE SERVICES**

Services: DFPS Hotlines and Information Lines

Hotline	Number/Use	Availability
Texas Abuse/Neglect Hotline	1-800-252-5400 or https://www.Texasabusehotline.org For reporting abuse, neglect, or exploitation of children, the elderly, or people with disabilities.	24 hours a day, seven days a week. This number is available across the United States.
Foster Care and Adoption Inquiry Line	1-800-233-3405 For information on becoming a foster or adoptive parent through DFPS.	8 a.m. to 5 p.m. Central Time, Monday through Friday
Child Care Information	1-800-862-5252 For information about child care in Texas.	8 a.m. to 5 p.m. Central Time, Monday through Friday
Texas Runaway Hotline	1-888-580-HELP (1-888-580-4357) To provide peer counseling to runaways and family members.	24 hours a day, seven days a week.
Texas Youth Hotline	1-800-210-2278 To provide peer counseling to youth and family members for family conflicts, delinquency, truancy, abuse and neglect, and running away.	24 hours a day, seven days a week.
Office of Consumer Affairs Hotline	1-800-720-7777 To make an inquiry or complaint about an existing DFPS case.	Available 8 a.m. to 5 p.m. Central Time, Mondays through Fridays
Abuse in MHMR Facilities	1-800-647-7418 To report abuse, neglect, or exploitation in MHMR facilities.	24 hours a day, seven days a week.

TEXAS DEPT OF STATE HEALTH SERVICES 888-963-7111

Location: 1351 E. Bardin Rd. Arlington, Texas 76069
Services: Provides comprehensive public health services. Specialized programs include: chronically ill and disabled children's services, provides medical and equipment needs to any resident of Texas under the age of 21. Provides case management services for SSI children under age of 16.

TEXAS DEPARTMENT OF HUMAN SERVICES 972-562-5832

Location: 901 N. McDonald, Suite 800, McKinney, Texas 75069
Hours: 8:00 a.m. -9:00 p.m. By appointment only
Services: The following DHS programs and services are provided by HHSC: Disaster Assistance, Family Services (Temporary Assistance for Needy Families, Food Stamps, Medicaid), Family Pathfinders, Family Violence Programs, Office of Immigration and Refugee Affairs, Special Nutrition Programs, Lone Star Technology Programs, TIERS (Texas Integrated Eligibility Redesign System), STARS self screener
Website: www.hhsc.state.tx.us

TEXAS DEPARTMENT OF PUBLIC SAFETY/PLANO 972 867-4221

Location: 2109 W. Parker Road, Plano Texas 75024
Services: Texas Driver's License, Texas State Identification
Hours: Monday and Tuesday 7am-5pm, Wednesday, 8am-6pm, Thurs. 7am-5pm Friday, 8am-5pm
Website: <http://texasonline.state.tx.us/NASApp/rap/apps/dpsdl/jsp/eng/welcome.jsp>

TEXAS HEALTHCARE CLINIC – MCKINNEY 214-562-6047

TEXAS HEALTH STEPS 877-847-8377

Services: Transport to/from medical/dental appointment

**TEXAS LAW HELP 800-252-9690/877-983-9227
ONLINE RESOURCE FOR FREE AND LOW COST LEGAL ASSISTANCE**

Services: Civil Legal Assistance in Texas. Military and Veteran's Affairs-Housing-Public Benefits-Health-Elder Law-Work/job discrimination and work related problems-Migrant Workers-Family Law and Domestic Violence-Wills and Estates-Immigration-Disability-Civil Rights. If you are in need of legal assistance and you are NOT low-income, please contact your local lawyer referral service or call the State Bar of Texas Lawyer Referral Information Service
Hours: Monday – Friday, 8-5 at
Website: www.Texaslawhelp.org

TEXAS REHABILITATION COMMISSION 214-365-2800

Location: 520 Central Parkway East, Plano, Texas 75074
Services: Eligibility: 1) 17yrs 2) not attending high school; and 3) handicapped-employment disabilities may include alcohol/drug addiction and speech, language or learning disabilities. Services include medical/psychological

and vocational evaluation; counseling, training and/or education in a trade, business school or college.

TEXAS WORKFORCE COMMISSION **972-542-3381**

Location: 1713 Louisiana, McKinney, Texas 75069
1222 E, Arapaho, #336, Richardson, Texas 972-234-5391
Services: English/Spanish services for employment

TEXAS WORKFORCE CHOICE PROGRAM **469-229-0099**

TEXAS YOUTH HOTLINE **800-210-2278**

Location: 3920 Alma, Plano, Texas 75023
Services: Texas Department of Protective and Regulatory services

THE ALMA CENTER-LIFEPATH SYSTEMS **972-422-5939**

Location: 3920 Alma Drive, Plano, Texas 75023
Services: Child and adolescent services. Evaluation by psychiatrist for medication needs, nursing care and follow-up, family support, counseling and services including play therapy, crisis intervention. Accepts Northstar, Medicaid, CHIP, other private insurance, and will assist in obtaining benefit resources. Walk in screening is recommended prior to initial visit. Non-profit.

THE STEWPOT **214-746-2785**

Location: 408 Park Ave, Dallas, Texas 75201
Services: Homeless and at-risk individual services.

TOUGH LOVE **972-558-1762**

Locations: Call the number for address information
Services: Support group for parents – not counseling. Does not advocate physical or verbal abuse. The parents support each other by offering opinions and experiences for others. Non-profit.

TEXAS REDUCED RATE-LOW INCOME/DISAB **866-454-8387**

TRUSTED WORLD – NORTH TEXAS SERVICE CENTER **877-729-0806**

Location: 803 East Main Street, Suite E, Allen, Texas 75002
Services: Clothing, Food, Housewares, Toiletries & Furniture
Website: www.trustedworld.org

TURNABOUT RANCH **800-842-1165**

Location: Escalante, UT
Services: Christian, residential treatment for troubled teens on a working ranch.
Website: <http://www.turnabout ranch.com/>

TURNING WINDS ACADEMIC INSTITUTE **800-845-1380**

Location: Corporate office
6885 Bauman Rd, Bonners Ferry, ID, 83805
Services: therapeutic boarding school providing help for troubled teens
Contact: info@fsni.org

UNION GOSPEL MISSION **214-637-6117**

Location: 3211 Irving Blvd., Dallas, Texas 75247
Services: Soup kitchen

UNT CENTER FOR PARENT EDUCATION **888 662-7955**

Location: University of North Texas P.O. Box 310829, Denton, Texas 76203
Services: Parent and family resources, curriculums, newsletters, annual parent conference, and programs at UNT. Roper Online Learning Program: ROPER Online Learning offers free, online continuing education as a project of the Texas Registry of Parent Educator Resources (Texas ROPER). Texas ROPER was developed through a partnership between the Children's Trust Fund of Texas, the Texas Department of Protective and Regulatory Services, and the University of North Texas Center for Parent Education.

UNIVERSITY BEHAVIORAL HEALTH OF DENTON **940-320-8100**

Location: 2026 W University Dr, Denton, 76201

VISION USA **800-766-4466**

Location: 243 Lindberg Blvd, St. Louis, MO 63141
Services: The American Optometric Association
Website: www.aoa.org

VISITING NURSE'S ASSOC/CHILD SERVICE **214-689-0090**

VOLUNTEER CENTER OF COLLIN COUNTY-MCKINNEY **972-548-0679**

W.I.C. (infant nutrition) **972-633-3350**

Location: 900 E. Park Blvd. Plano, Texas 75074
Services: Support low-income women and children up to age 5 who are at nutritional risk by providing foods to supplement diets, information on healthy eating, support for women who breastfeed. Immunization Clinic on site.
Hours: Call for appointment
Website: www.fns.usda.gov

WOMEN'S HEALTH CLINIC **972-633-1300**

Location: 1400 Summit Ave, Plano, Texas 75074
Hours: Monday, 9:30am-5pm, Wednesday, 11am-7pm, Thursday and Friday, 9am-2pm.

WOMEN'S SHELTER (HOPES DOOR) 972-422-7233

Location: Not published
Services: 24 hour hotline, shelter for abused women and children

WORKFORCE INVESTMENT ACT YOUTH SERVICE (WIA) 972-542-3381

Location: 1713 Louisiana St, McKinney, Texas 75069
Services: Offers year around work experience, educational assistance and job skills to youth ages 12-18 yrs. (Replaced JTPA) North Central Texas Workforce Youth Recruiter 469-229-0099
Website: <http://northtexas.jobcorps.gov/>

YOUTH MENTOR NETWORK 972-423-9559

Location: 2600 Ave K, #140, Plano, Texas 75074
Services: Organization dedicated to matching youth with caring, supportive adults to serve as mentors for youths at risk of getting involved with gangs, drugs or suicide and the lack of a protective adult in their neighborhood to turn to in time of crisis. Call if you know a child who needs a protector or if you would like to volunteer for this mentoring program. Background checks/training required before being matched.

YOUTH-REACH 281-459-4555

Location: Houston, Texas
Services: Christian foster group homes for troubled boys ages 12-21; boys are accepted by application and interview.
Website: www.youth-reach.org