

Monthly Mental Health Supports

2023-2024



Date	Topic	Audience	Virtual/F2F	Time and Link
08/31/23	Bullying/ Cyberbullying Prevention: Teaching Resilience to our Youth - Grant Halliburton Foundation	Parent Evening Workshop	Virtual	6:00pm Zoom
9/21/23	Talk Saves Lives - American Foundation for Suicide Prevention	Parent Evening Workshop	Virtual	6:00pm Zoom (English) Zoom (Spanish)
10/5/23 10/19/23	Fentanyl and Substance Use- Coalition for Drug Free McKinney Youth (English Oct. 5, Spanish Oct. 19)	Parent Evening Workshop	Virtual	6:00pm Zoom (English Oct 5) Zoom (Spanish Oct 19)
11/02/23	Introduction to Trauma and How to Support your Child	Parent Evening Workshop	Virtual	6:00pm Zoom (English) Zoom (Spanish)
11/09/23	Grief: How to Notice the Signs and Provide Support to Children and Teens	Parent Evening Workshop	Virtual	6:00pm Zoom (English) Zoom (Spanish)
1/18/24	Human Trafficking 101 - Unbound Now North Texas	Parent Evening Workshop	Virtual	6:00pm Zoom
2/8/24	Digital Media and Abuse - Hope's Door	Parent Evening Workshop	Virtual	6:00pm Zoom
3/21/24	Non-Suicidal Self Injury in Children and Teens - Connections Wellness	Parent Evening Workshop	Virtual	6:00pm Zoom (English) Zoom (Spanish)
4/11/24	Increasing Parent - Child Connection - Children's Advocacy Center	Parent Evening Workshop	Virtual	6:00 pm Zoom link
5/16/24	Summer Safety -TBD	Parent Evening Workshop	Virtual	6:00 p.m. Zoom Link

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The following six part mental health awareness series is hosted by The Chicago School of Psychology.

Date	Topic	Audience	Virtual/F2F	Time
9/20/23	Understanding Depressive Disorders In Children	Parents- Part One	F2F-Board Room	5:00 p.m.
9/27/23	Understanding Anxiety Disorders in Children	Parents-Part Two	F2F-Board Room	5:00 p.m.
10/4/23	How to Support Your Student Dealing with Impulse Control and Conduct Disorders	Parents-Part Three	F2F-Board Room	5:00 p.m.
10/18/23	Understanding ADHD and How it Impacts Your Students' Learning	Parents- Part Four	F2F-Board Room	5:00 p.m.
10/25/23	Understanding Autism Spectrum Disorder and how to Support Your Student in the Educational Setting	Parents-Part Five	F2F-Board Room	5:00 p.m.
11/1/23	Supporting Students After a Traumatic Event	Parents-Part Six	F2F-Board Room	5:00 p.m.