

Grandparents Raising Grandchildren

PLANO ISD

FAMILY EDUCATION AND GUIDANCE SERVICES



In a growing number of homes, older singles and couples are parenting grandchildren when the parents are unable to fulfill that role. While the reasons to step in to this role are varied, the challenges for grandparents are universal. Financial and emotional turmoil can result, with both generations feeling needs that are difficult to meet. Join others who have accepted this awesome responsibility, and learn ways to cope and even flourish under extreme circumstances.

WEDNESDAYS
10:00 - 11:30 a.m.

Bird Center
1300 19th Street
Plano, 75074
NE Ramp Entrance



- January 9: 25 Ways to Ask your Kid how was School Today
- January 16: Why are Kids Having so much Anxiety?
- January 23: Teaching Kids Great Work Ethics
- January 30: How to get Kids to Listen without Yelling
- February 6: How Chores can Help Build Self Esteem
- February 13: Ways to Teach Cooperation
- February 20: Tips for Raising Grateful Children
- February 27: Activities to teach Emotional Control
- March 6: Stop doing what your Kid can & needs to do for Themselves
- March 20: Ways to practice becoming a Calm Parent
- March 27: Power Struggle—What is it all about?
- April 3: Self Talk: Do you pay attention to what you say to yourself?
- April 10: 10 Tips to Help Kids Follow Directions
- April 17: Ways to Create a Positive Home Life
- April 24: How to Respond when you Child is Disrespectful
- May 1: Teaching Children Healthy Boundaries
- May 8: Introvert or Extrovert—Which Kid do I have?
- May 15: 25 Alternative Ways to Say “Good Job”
- May 22: How to stop being an Angry Parent

*For more information contact Rina Nittolo at (469) 752-2272 or rina.nittolo@pisd.edu.
Visit www.pisd.edu/parentworkshops for a complete list of Parent Workshops*