

BOWMAN RAIDERS ATHLETICS COMMITMENT

Dear Parents/ Guardians and Athletes,

This letter will help you and your athlete understand what is expected of them and what consequences exist if those expectations are not met. It is a **privilege, not a right**, to participate in athletics and when behavior and expectations are not met then a loss of privileges and or discipline will result. **Membership in athletics requires discipline, sacrifice, and hard work. Athletes agree to follow rules that are difficult. That's what makes athletes special.**

If there are discipline or attitude problems in the classroom, athletics or any school function the following actions will be taken:

1. An **O. T. I.** (Opportunity to Improve) will be issued (i.e.: running, pushups bear crawls, lunges, etc...)
2. A loss of athletic privileges will be determined if applicable
3. Parent/Guardian will be contacted
4. If an attitude/discipline/behavior problem from the athlete persist, the Bowman Athletic Department reserves the right to remove the athlete from athletics
5. OTI's are NOT limited to the following guidelines, but can be administered to the athlete if they do anything that is unacceptable, or detrimental to the team/program.

As a member of the Bowman Athletic Program each athlete will be expected to adhere to the following guidelines:

1. **Academics:** NO PASS, NO PLAY! **No exceptions.** It will be the athlete's responsibility to schedule tutorials outside of practice time.
2. **Parent/Doctor's Notes:** We will accept a parent's note for an athlete to sit out of practice due to an illness/injury for 3 days. After 3 days a note from a doctor will be required indicating the injury and anticipated inactivity. If after 3 days, we do not have a doctor's note, the athlete practices. **Athletes will still be required to dress if they have a parent/doctors note, AND will be expected to participate in activities that do not affect the injury/illness.**
3. **Practice is Mandatory:** Unexcused absences from practice may result in loss of playing time and/or dismissal from team.
4. **Absent from school/practice:** Notify the coaches prior to the absence via phone or email
5. **ISS/OSS:** Athletes assigned to ISS/OSS will lose all extracurricular privileges for the each school day in ISS/OSS.
6. **Attire/Grooming:** All athletes will be required to dress out daily in appropriate workout clothes (black shirts, black shorts) and appropriate shoes. **Boys:** proper haircut, no earrings, clean-shaven. **Girls:** hair pulled out of face, no jewelry. All athletes – hair will not be dyed an unnatural color.
7. **Equipment & Uniforms:** Athletes are responsible for replacement cost of any lost uniforms and equipment.
8. **Transportation:** All athletes must use school transportation to get to and from away games. All requests for an athlete to leave with a parent must be in writing, dated, and signed. The parent must identify him/herself to the coach prior to leaving with the athlete.
9. **Ride Arrangements:** Athletes need to be picked up at a reasonable time after practice/games. Failure to make the necessary arrangements will result in the loss of athletic privileges or removal from team/athletics.
10. **Locker Room:** The locker room must be kept clean, and all items **locked** in the athlete's locker to help prevent theft. (No aerosols or contraband). **The Bowman Coaching Staff will NOT be responsible for lost or stolen items.**
11. **Bullying/Fighting/Stealing:** This will not be tolerated and result in loss of athletic privileges or removal from team/athletics
12. **Drug/Alcohol Use:** This will not be tolerated and result in loss of athletic privileges or removal from team/athletics
13. **Inappropriate Social Media:** This will not be tolerated and result in loss of athletic privileges or removal from team/athletics

I, _____ am COMMITTED to Bowman Athletic Program and my teammates.
Print Athletes Name (First and Last)

I am COMMITTED to helping my teammates be the best athlete and person they can be. I am COMMITTED to always displaying good sportsmanship, win or lose, on or off the playing field, and in the classroom. **I accept any and all consequences should I violate any commitment or expectation, OR do anything that is detrimental to the team, myself, or the athletic program.**

I have read and agree to the contract set forth by the Bowman Athletic Program.

Athlete Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

Parent e-mail address AND Phone number: _____