



Plano Independent School District District Health Services

Dear Parents,

In preparation for a healthy 2017-2018 school year, the Plano ISD health services team would like to provide the following helpful and important information. Our team's purpose is to support a safe and healthy school environment. School nurses need your assistance as we work together toward this common goal. You can help us by encouraging behaviors we teach at school and by following a few guidelines for keeping your children home when they are not feeling well.

Please review the information:

- Immunizations must be up to date according to the Department of State Health Services (DSHS) guidelines for school entry and attendance: <https://tx02215173.schoolwires.net/Page/1695>
- Please be advised that students entering grades 7-12 will be required to show proof of one dose of quadrivalent meningococcal conjugate vaccine (MCV4 or MenACWY) on or after the student's 11th birthday.
- All medications and medical procedures at school must have completed paper work. Please see our website at: <https://tx02215173.schoolwires.net/Page/1698> or contact your school nurse.
- All controlled substances must be brought in by the parent or guardian.
- Please keep your children home for:
 - Fever of 100° or more for the duration of the fever plus an additional 24 hours after cessation without fever-reducing medication
 - Vomiting or diarrhea for 24 hours after cessation
 - Generalized rash
 - Oozing wounds that cannot be kept dry and covered
 - Red, draining eye
 - Untreated live lice
 - See the completed list for exclusions: <https://tx02215173.schoolwires.net/Page/1751>
- Please remind your children of cough and sneeze etiquette:
 - Cough or sneeze into a tissue or sleeve and not into hands
 - Always wash hands with soap and water for 20 seconds
- Please observe the proper hand washing technique: vigorous friction rub for 20 seconds with soap and rinse with water.
- Information regarding West Nile, Zika, and mosquito prevention can be found on our above website.
- State screening mandates are performed for vision, hearing (Kg, 1st, 3rd, 5th, 7th and all new students), Acanthosis Nigricans (1st, 3rd, 5th, 7th and all new students) and Scoliosis (5th and 8th)
- Growth and development class is taught for girls during 4th grade and boys and girls during 5th grade. A note will be sent home from your school detailing the date and materials to be presented. See your school nurse for details.
- Benadryl and epinephrine are kept in the clinic, to be used by only the school nurse, for undiagnosed episodes of anaphylaxis. Having this medication available for unexpected, severe life-threatening anaphylaxis does not take the place of individual prescribed auto-injectors for diagnosed cases of severe allergy.
<https://tx02215173.schoolwires.net/Page/1689> Current health information is crucial for proper care. Please notify your school nurse of all health related issues. This can be done via the Parent Portal: <https://parentviewer.pisd.edu> or by visiting your school nurse.

Please do not hesitate to contact your school nurse or district health services for assistance. I also encourage you to visit our website at <https://tx02215173.schoolwires.net/Page/626>

We look forward to working together with you in the 2017-2018 school year. On behalf of our nurses, assistants and the entire team, we hope you have a safe and healthy year!

Kindest regards,

Megan Schuler RN, BSN
Plano ISD Director for District Health