Elementary Breakfast Menu Fall 2017

Monday Tuesday Wednesday Thursday Friday

BREAKFAST MENU

Cinnamon Toast Crunch	Cinnamon Toast Crunch	Cinnamon Toast Crunch	Cinnamon Toast Crunch	Cinnamon Toast Crunch
Cheerios	Cheerios	Cheerios	Cheerios	Cheerios
Mini Pancakes	Scrambled Eggs with Cheese & Waffle OR Waffles (2)	Pancake on a Stick	Glazed French Toast Sticks	Sausage Biscuit
Chilled Peaches Apple Juice	Fruit Cocktail	Mandarin Oranges	Banana	Chilled Pineapple
	Fruit Juice	Apple Juice	Fruit Juice	Apple Juice
Syrup 1% Milk or Fat Free Chocolate	Syrup	Syrup	Syrup	Jelly, Pepper Gravy
	1% Milk or Fat Free Chocolate	1% Milk or Fat Free Chocolate	1% Milk or Fat Free Chocolate	1% Milk or Fat Free Chocolate

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Elementary Lunch Menu Fall 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Chicken Leg/Glazed French Toast Yogurt Combo	Fiesta Nachos Nacho Grande	Orange Chicken over Rice 1/2 cup Grilled Cheese Sandwich	Chicken Nuggets/Roll Pasta/Marinara Sauce/ Cheese	Personal Cheese Pizza Personal Pepperoni Pizza
Oct 2 Oct 23	Herb Roasted Potatoes Carrots and Celery	Spanish Rice Pinto Beans Veggie Side Salad	Steamed Broccoli Roasted Sweet Potato Chunks	Mashed Potatoes Green Beans	Seasoned Wedges Seasoned Corn
	Fresh Orange Wedges	Pineapple & Red Grapes	Fruit Cocktail	Apple Wedges	Watermelon & Green Grapes
	Ketchup, Syrup, Ranch 1% Milk or Fat Free Chocolate	Salsa, Ranch 1% Milk or Fat Free Chocolate	1% Milk or Fat Free Chocolate	Ketchup, BBQ , Pepper Gravy 1% Milk or Fat Free Chocolate	Ketchup 1% Milk or Fat Free Chocolate
Week 2 Aug 28	Hamburger/Cheeseburger Cheese Calzonettes	Chicken Egg Roll/Rice 1/2 cup Yogurt Combo	Pasta & Meatballs Pizza Sticks	Chicken Bites/Garlic Toast Grilled Cheese Sandwich Salad Mix with	Personal Cheese Pizza Personal Pepperoni Pizza
Sept 18 Oct 9 Oct 30 Nov 27 Dec 18	French Fries Pinto Beans Lettuce, Tomato, Pickle Cup	Steamed Broccoli Waffle Sweet Potatoes	Green Beans Carrots and Celery	Cherry Tomato, Cucumbers, Carrots Corn 1/2 cup	Seasoned Wedges Steamed Broccoli and Cauliflower
	Fresh Orange Wedges	Pineapple & Red Grapes	Cantaloupe and Strawberries	Apple Wedges	Peach Cup
	Ketchup, Mustard, Marinara 1% Milk or Fat Free Chocolate	Ketchup, Orange Sauce 1% Milk or Fat Free Chocolate	Marinara, Ranch 1% Milk or Fat Free Chocolate	Ketchup, BBQ , Ranch 1% Milk or Fat Free Chocolate	Ketchup 1% Milk or Fat Free Chocolate
Week 3 Sept 4	Steak Fingers/Roll Yogurt Combo	Breaded Chicken Sandwich Cheese Calzonettes	Shrimp Poppers/Corn Muffin Grilled Cheese Sandwich	BBQ Riblet Sub Mozzarella: Breaded Sticks	Cheesy French Bread Hot Dog
Sept 4 Sept 25 Oct 16 Nov 6 Dec 4	Mashed Potatoes Steamed Broccoli	Lettuce, Tomato, Pickle Cup French Fries	Waffle Sweet Potatoes Green Beans	Herb Roasted Potatoes Pinto Beans Cucumber and Tomatoes	Veggie Side Salad Seasoned Corn
	Watermelon & Green Grapes	Strawberry Cup	Apple Wedges	Mandarin Oranges & Red Grapes	Applesauce Cup
	Ketchup, Pepper Gravy 1% Milk or Fat Free Chocolate	Ketchup, Mustard, Marinara 1% Milk or Fat Free Chocolate	Ketchup 1% Milk or Fat Free Chocolate	Ranch, Marinara , Ketchup 1% Milk or Fat Free Chocolate	Ketchup, Mustard, Ranch 1% Milk or Fat Free Chocolate

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