

Secondary Breakfast

Monday	Portion Size	Calories	Mg Sodium	G Sugars	G Protein	G Carb	G T-Fat	G S-Fat
CINN TST CRUNCH CEREAL	1 EACH	110	160	8.00	1.00	22.00	3.00	0.50
POPART, BROWN SUGAR	ONE EACH	180	190	15.00	2.00	37.00	2.50	1.00
APPLESAUCE CUP	1 EACH	87	3	18.71	0.20	22.31	0.22	0.04
MILK, 1% LOWFAT	HALF PINT	100	125	12.00	8.00	12.00	2.50	1.50
MILK, CHOC, NON FAT	HALF PINT	110	100	18.00	8.00	19.00	0.00	0.00
Tuesday	Portion Size	Calories	Mg Sodium	G Sugars	G Protein	G Carb	G T-Fat	G S-Fat
SAUSAGE BISCUIT	UNIT	390	580	3.00	11.00	29.00	26.00	10.50
FRUIT-CHECK W/ CAMPUS	1/2 CUP	0	0	0.00	0.00	0.00	0.00	0.00
MILK, 1% LOWFAT	HALF PINT	100	125	12.00	8.00	12.00	2.50	1.50
MILK, CHOC, NON FAT	HALF PINT	110	100	18.00	8.00	19.00	0.00	0.00
JELLY	2 PC TUBS	35	10	7.00	0.00	9.00	0.00	0.00
PEPPER GRAVY	2 OZ LADLE	39	158	1.12	0.00	5.60	2.24	1.12
Wednesdau	Portion Size	Calories	Mg Sodium	G Sugars	G Protein	G Carb	G T-Fat	G S-Fat
FRENCH TOAST STICKS	4 EACH	213	373	*N/A*	10.66	31.98	4.66	1.33
APPLE, FRESH	ONE EACH	72	1	14.34	0.36	19.06	0.23	0.04
MILK, 1% LOWFAT	HALF PINT	100	125	12.00	8.00	12.00	2.50	1.50
MILK, CHOC, NON FAT	HALF PINT	110	100	18.00	8.00	19.00	0.00	0.00
SYRUP,PANCAKE	1 PC TUB	120	30	22.00	0.00	30.00	0.00	0.00
Thursday	Portion Size	Calories	Mg Sodium	G Sugars	G Protein	G Carb	G T-Fat	G S-Fat
MINI PANCAKES	PKG	210	320	11.00	4.00	35.00	6.00	1.00
FRUIT-CHECK W/ CAMPUS	1/2 CUP	0	0	0.00	0.00	0.00	0.00	0.00
MILK, 1% LOWFAT	HALF PINT	100	125	12.00	8.00	12.00	2.50	1.50
MILK, CHOC, NON FAT	HALF PINT	110	100	18.00	8.00	19.00	0.00	0.00
SYRUP,PANCAKE	1 PC TUB	120	30	22.00	0.00	30.00	0.00	0.00
Friday	Portion Size	Calories	Mg Sodium	G Sugars	G Protein	G Carb	G T-Fat	G S-Fat
CHICKEN BISCUIT	UNIT	330	481	3.00	16.00	33.00	15.20	5.50
APPLESAUCE CUP	1 EACH	87	3	18.71	0.20	22.31	0.22	0.04
MILK, 1% LOWFAT	HALF PINT	100	125	12.00	8.00	12.00	2.50	1.50
MILK, CHOC, NON FAT	HALF PINT	110	100	18.00	8.00	19.00	0.00	0.00
JELLY	2 PC TUBS	35	10	7.00	0.00	9.00	0.00	0.00

This institution is an equal opportunity provider.

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy.

Ingredients and menu items are subject to change or substitution without notice.

Please consult a medical professional for assistance in planning for or treating medical conditions.