# **Elementary Transition Trajectory Worksheet Sample**

## Past Life Experiences

List the past life experiences and events that supported your vision for a good life.

- Has a companion dog who helps recognize when about to have a seizure and takes medicine
- Is in all general education classes with inclusion support from special education
- Passed the Reading state assessment
- Was in Cub Scouts and now in Boy Scouts
- Has gone on camping trips with Scouts
- Is in a Sunday school class and has helped with the church service

List the past life experiences that have supported the arrow

toward things you don't want to have.

Missed 15 days of school last year because of seizures

Had brain surgery that has lessened the seizures

Didn't pass the Math state assessment

Previous medicines didn't help with seizures

#### **Future Life Experiences**

List the future/current life experiences that continue to support your vision for a good life.

- Be able to take my own medicines
- Pass all of the state assessments
- Get an electric wheelchair and a manual chair
- Volunteer at the companion care training center when old enough
- Go to tutoring without being told

Kevin Age 10 List life experiences to avoid because they push you toward things you don't want

- Only have an electric chair and not be able to ride places with Scouts and friends
- Only use specialized transportation
- Classes are modified so I can't go to college

### **VISION for a GOOD LIFE**

LIST what you want your "good life" to look like ...

- Go to a community college to learn a job doing something with dogs and helping people
- Be an Eagle Scout
- Help out at church
- Have a self-driving car
- Live with friends and be close to home
- Have lots of friends and go places with them like movies, parties and bowling
- Have a companion dog or monkey

## What I DON'T Want

LIST the things you don't want in your life...

- Not be able to do the things that I want because of seizures
- Seizures get worse
- Live with family forever

Link to a worksheet that can be completed by parents



















