

Dear Families,

The following calendars are designed to help your child get ready for Kindergarten. Choose at least three activities to complete each week. Put a check mark in the box as your family completes the activity.

Monday	Tuesday	Wednesday	Thursday	Friday
Close your eyes and listen to music for one minute. Draw a picture of different things you heard.	Count the windows in your home.	Name three words that rhyme with May.	Tell three ways to get out of your house in case of fire.	Draw a picture of all the zoo animals you can think of.
Write as many numbers as you can.	Do five sit-ups. Do ten jumping jacks.	Read a favorite book with your family.	Tell a funny story about a vacation.	Say your phone number.
Name all the members of your family.	Go to the library with your family. Read a funny book.	Jump over a crack in the sidewalk five times.	Count all the trees on your street.	Sing the ABC song.
Say the months of the year.	Write your name with a capital letter only at the beginning.	Name ten things smaller than you.	Take a walk outside. Collect 10 objects and make a picture out of them.	Read a book to someone by describing the pictures.

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Monday	Tuesday	Wednesday	Thursday	Friday
Which weighs more, a handful of raisins or a handful of cereal? Try it!	List four things that are taller than your house.	Say the days of the week.	Point to all the words that start with the letter B on a book page.	Name two words that rhyme with tree.
Hop, skip, kneel, jog, and twist ten times each.	Write the alphabet in capital letters.	Look at all the pictures in a book before someone reads it to you.	Count all the lamps in your house.	Say the names of five friends.
Write your numbers 0-10.	Say your address.	Draw a picture of yourself and what you hear, smell, see, touch, and taste.	List the names of all the pets you can.	Count all the cans of food in your cupboard.
Tell a story about a funny day at the beach.	Tell the city and state where you live.	Help your family make dinner.	Go to the library with your family. Read a book about a topic you enjoy.	Set the table for dinner and count how many items are on the table.

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Monday	Tuesday	Wednesday	Thursday	Friday
Point to your right ankle; point to your left knee.	Go for a walk. Then draw a picture of five things you remember seeing.	Draw a picture of a garden.	Tell someone a story about a Fourth of July adventure.	Tell someone five words that start with the letter m .
Write your first name and draw a picture of yourself.	Trace around your foot and a grown-up's foot. Make a silly picture from the tracings.	Do something nice for your family.	Go to the library. Read a book with poems.	Unlace and then lace your shoes.
Copy the word July. Then draw a picture of the American flag.	Have someone read you a story to you. Tell a different ending for the story.	Name five healthful foods.	Name all the foods you can think of that are red.	Name five ways to cool off on a hot day.
Say the days of the week.	Tell your full name and telephone number.	Go outside and count the steps you take from one end of your home to the other.	Help someone in your family read a favorite story.	Sing a favorite song.

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Monday	Tuesday	Wednesday	Thursday	Friday
Finish this sentence: <i>One thing I want to learn this year is . . .</i>	Count all the chairs in your house.	Name five different foods made from apples.	Point to all the words that start with the letter t on a book page.	Name five living things. Name five nonliving things.
Make three wishes and draw a picture of one.	Tell someone five things about yourself.	Say the sound of each letter of the alphabet.	Write a list of five things to do on a weekend.	Draw a picture of a picnic basket and the items you would put in it.
Recite a nursery rhyme like "Jack and Jill."	Help an adult read a favorite story.	Tell the name of your new school.	Write the letters of the alphabet in capitals and lowercase letters.	Write the numbers as high as you can go. Stop if you get to 100!
Practice introducing yourself to your new classmates.	Count the total number of fingers and eyes on people in your house.	Name the four seasons. Draw a summer picture.	Cut a magazine picture into several pieces. Put the puzzle back together.	Draw a picture of your five favorite foods.